



What's Inside



Bravehearts of KEM

Find the Missing Millions

Fulfilling Aspirations, Bringing Smiles

Awards and Recognitions

Testimonials

Circular

Health Awareness Communications

COVID Home Isolation Care Plan

National Doctor's Day

World IVF Day

World Hepatitis Day

Caring for caregivers

Vaccination: Protect your child

Geriatric Care





**Bravehearts
of KEM**

We thank you all
with pride for putting
tireless efforts to
continue our legacy
of quality patient care
during this pandemic



Celebrating KEMH's pillar of strength

**We salute our
Medical Social Workers
who are supporting our
patients and frontliners
and lifting their spirits
through the pandemic**



Find the Missing Millions

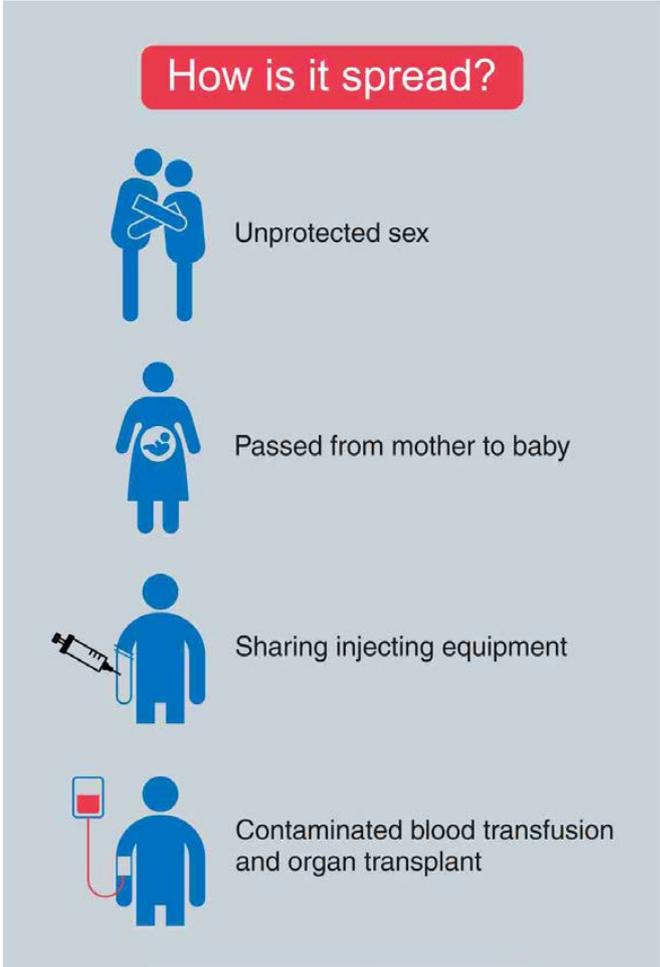


28 July is celebrated as World Hepatitis day to mark the birthday of Nobel prize winning scientist Dr. Baruch Blumberg, who discovered Hepatitis B virus. Viral Hepatitis is one of the leading cause of death worldwide. As per the WHO estimate there are around 325 million people worldwide infected with viral Hepatitis out of which 290 million people are unaware of their infection status due to Hepatitis B and Hepatitis C virus. This year the theme of World Hepatitis Day focuses on finding these missing millions.

In India it is estimated that 1.4 to 2.7 % of general population is infected with Hepatitis B and about 0.7 to 1.2 % of general population is infected with Hepatitis C. These viruses are transmitted by body fluids like blood, unsafe sex practices and vertical transmission. Hepatitis B is 100 times more infectious than HIV hence knowing it is the first step in eliminating it. The only way to detect and treat these viruses early is by increased testing and treat wherever required.

We still don't have complete cure for Hepatitis B but the disease can be kept under control with the current antiviral medications. It is important to know that not all patients with Hepatitis B need treatment as, in most patients the virus may be in an inactive stage which would need just regular follow up. The current oral antiviral

medications can cure Hepatitis C in almost 92 to 99 % of patients and the treatment ranges from 12 weeks to 24 weeks only. Treatment for viral Hepatitis is a must as both of these viruses can lead to liver failure (cirrhosis) and cancers of liver (in a minority) of the infected individuals.



What should be done



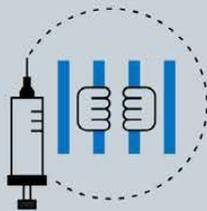
PREVENT

Prevent infection among newborns. All newborns should be vaccinated against Hepatitis B at birth, followed by at least 2 additional doses.



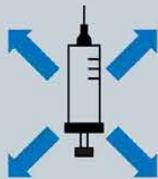
STOP TRANSMISSION FROM MOTHER TO CHILD

All pregnant women should be routinely tested for Hepatitis B, C and receive treatment if needed.



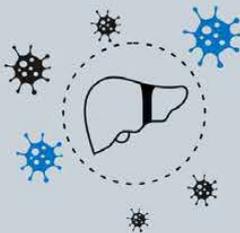
LEAVE NO ONE BEHIND

Everyone should have access to Hepatitis prevention, testing and treatment services, including people who inject drugs, people in prisons, and other highly-affected populations.



EXPAND

Expand access to testing and treatment. Timely testing and treatment of viral Hepatitis can prevent liver cancer and other severe liver diseases.



MAINTAIN

Maintain essential Hepatitis services during COVID-19 pandemic. Prevention and care services for hepatitis such as infant immunization, harm reduction services and continuous treatment of chronic Hepatitis B are essential even during this pandemic.



AWARENESS

Awareness needs to be increased about how to prevent transmission in all



Dr. Sahil Rasne
Associate Consultant, Gastroenterology

Fulfilling Aspirations, Bringing Smiles



A child brings happiness to not only the couple, but the entire family. To have a child is still considered the most predictable step after a couple ties the knot. Of course some of the younger generation may think otherwise. But the matter of the fact is we live in a society where couples desire to have babies and being labeled as infertile causes huge psychological burden and may make some people emotionally vulnerable.

Advances in science including Assisted Reproductive Technique (ART) of which IVF is a part has brought smiles of millions of couples with aspirations. That makes this an exciting horizon. It was the birth of the first IVF baby in England on 25 July 1978 which opened up a ray of hope for millions across the World.

In the Indian context rising level of infertility not only in the urban but rural areas is a concern which needs to be addressed. The desire in modern couples to work more, postpone the decision to have babies, increasing age of marriage, rising alcohol and tobacco consumption, increased prevalence of PCOS is a trend we all are witnessing. On the other hand there is a shortage of IVF specialists' embryologists in India. Although the outcomes may not be on the higher side currently, but continued research and advancements in IVF techniques will improve them in the future. What is needed is awareness, empathy, concern and ethical practices and this is exactly what we are doing at our IVF department.



*Dr. Mugdha Parasnis
Head of Department,
Tata Centre for
Reproductive Health*

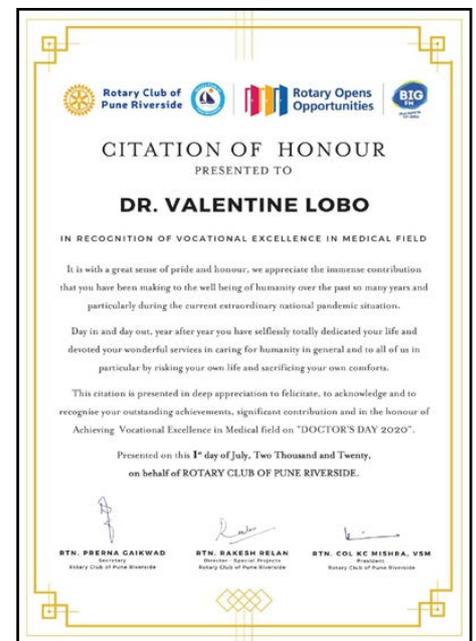
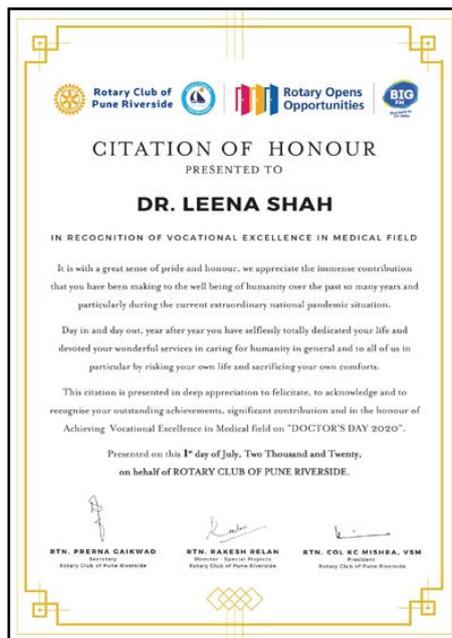
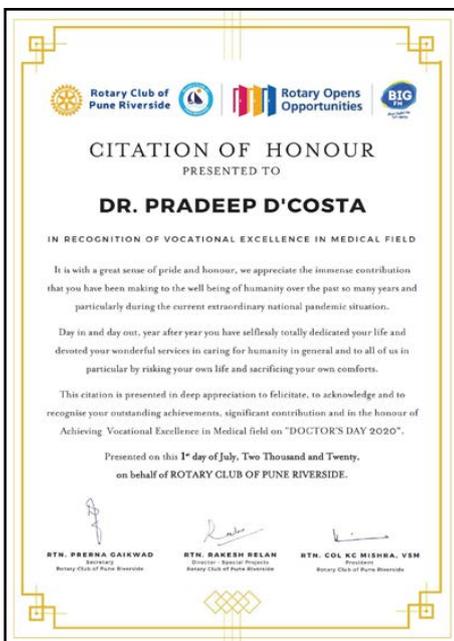
An infographic with a white background and blue border. At the top left is the KEM Hospital Pune logo. The central text reads "Helping families turn their dreams into reality with our IVF technology". The graphic is decorated with various icons: a house, a tree, a dog, a family of three, a butterfly, a flower, and a baby in a hospital bed. On the right side, there are three small photographs showing families and a woman with a child.

Awards and Recognitions



A proud moment for us!

On the occasion of Doctor's Day, our Bravehearts of KEM received a Citation of Honour by the Rotary Club of Pune Riverside for their outstanding contribution in the medical field in the current pandemic situation.





Congratulations Dr. C. S. Yajnik for getting your article featured in The American Journal of Clinical Nutrition

Link for the article:

<https://academic.oup.com/ajcn/article-abstract/112/1/8/5846053?redirectedFrom=fulltext>



Congratulations Dr. Kantilal Desarda!!

SESSION AT A GLANCE

CLIRNET
Collaborate • Learn • Innovate • Research • Network

Dear Dr. Desarda,
Thank you for your time! We appreciate your association with us for the CLIRNet MasterCircle. We are certain with your support, this endeavour to promote sharing of knowledge and expertise without geographic constraints will go a long way.

4.6/5
Session Rating

60+ Doctors Registered | **2000+** Patients Impacted

We hope you were equally delighted to interact with other doctors through the CLIRNet MasterCircle. Looking forward to conduct similar sessions with you in future!

Thank You!

Feedback from the session:

"I was overwhelmed with the session. It helped me enhance my knowledge and gain further insights. I would love to attend more sessions."

"Doctor said that the session was great. All the topic related facts and concepts were explained in a very simple manner."

You may reach us for further assistance at...
WhatsApp/SMS: + 91 8335822001 | Email: masterconsult@clirnet.com

Testimonials



माझ्या मुलाच्या लिव्हरला गाठ होती आणि त्यात त्याला कोविडची लागणही झाली होती. लिव्हरमधील गाठ छातीत जाऊन फुटली आणि तिथे पू भरून फुपफुसावर दबाव आला आणि श्वास घेण्यास त्रास होऊ लागला. उपचारासाठी आम्ही त्याला केईएम हॉस्पिटलच्या डॉ. अभिजीत बेणारे

यांच्याकडे उपचारासाठी आणलं. डॉक्टरांनी आणि इथल्या सर्व नर्सेसनी अगदी कुटुंबातल्या व्यक्तीसारखी माझ्या मुलाची काळजी घेतली. आता उपचारानंतर माझा मुलगा बरा देखील झाला आहे. मी सर्वांचे मनापासून आभार मानतो.

- रुग्णाचे वडील (फिमेल सर्जिकल वॉर्ड मधील रुग्ण)

Circular



Dr. Jayshree Todkar, MS, DLS (India), DLS (Strasbourg), FAIS, FIAGES, FALS, FCIS has joined us as an Associate Consultant Bariatric Surgeon. OPD Timings: Monday and Thursday–9.30 AM–11.30 AM



Dr. Suchitra Mohite, DNB-Anaesthesiology, IDCCM, EDAIC has re-joined us and will be the In-charge of the EMD



Dr. Neha Dagade, MS, Diploma in Pelvic Endoscopy, Fellowship in Minimal Access Surgery has joined us as a Panel Consultant in IVF & Endoscopy in Department of Obstetrics and Gynaecology



Dr. Aniket Zarkar, is now with us as a Panel Consultant Surgeon-General Surgery

Thank you doctors for the long hours and for your dedication to the care of our patients



**July 1
National
Doctor's
Day**



020-26217460
020-66037460



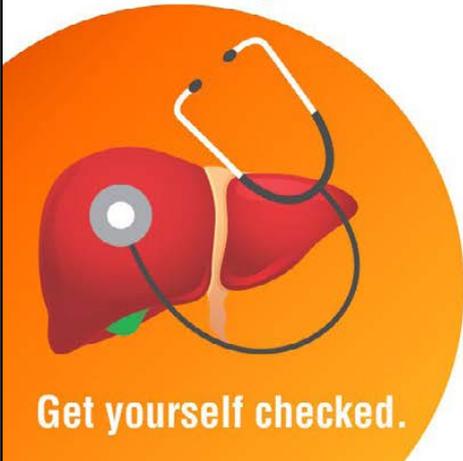
**24th JULY
WORLD
IVF DAY**

**Realise
your dream
of becoming
parents
with IVF**



020-2621 7460
020-6603 7460

Protect yourself from Hepatitis



Get yourself checked.

- Know how it spreads
- Get vaccinated
- Avoid alcohol and drugs
- Avoid sharing personal items
- Get tested for Hepatitis B and C



020-2621 7460 020-6603 7460



**28th JULY
WORLD
HEPATITIS
DAY**



**Take care of yourself
so you can take care of others**

- Take some time off for yourself
- Ask for help
- Know your limits
- Accept your feelings



Protect your child

VACCINATION

**Are you worried about
vaccinating your child
during the COVID-19
pandemic?**



Our team will help to address your concerns 020-6603 7460



**Keeping the elderly
socially engaged
and involved
goes a long way
in ensuring
their wellbeing**

