

## Fertifest 2019 Celebration Of Fertility Skills 13<sup>th</sup> And 14<sup>th</sup> July, 2019



KEM Hospital along with the Western Maharashtra Chapter of Indian Fertility Society organized FERTIFEST 2019 at Hotel Hyatt, Pune on 13<sup>th</sup> and 14<sup>th</sup> July, 2019 - 250 delegates attended.

The main conference (on 13<sup>th</sup> July) focused on current concepts in and newer advances in infertility management. The workshops included ovulation induction, male subfertility, semen processing and Intrauterine Insemination (IUI) and Lab setup - IUI and IVF.

The ovulation induction workshop was conducted by Dr. Mugdha Parasnis. The conference and workshop had reputed national faculty from Delhi, Mumbai, Kochi, Bengaluru etc.

Dr. Udaya Bandaru (3<sup>rd</sup> year DNB resident from OBGYN KEM, Pune) won the 2<sup>nd</sup> prize in paper presentation at the conference.

Venue: Hotel Hyatt, Pune



## What's Inside?

### Know Your Consultants

Dr. Sahil Rasane And  
Dr. Rahul Bhadgale

Marisoft Blood Donation Drive  
Donate Blood Save Lives

International Symposium On  
Retinopathy Of Prematurity

Workshop For Follow-Up Of  
Newborns Of Zika Virus  
Infected Mothers

Autistic Pride Day Celebration  
And Dental Camp  
A Spectrum Of Phenomenal Shades  
And Abilities

Lipid And Cardiovascular  
Disease Prevention Camp



  
Quality and ethics in patient care

## NATIONAL DOCTORS' DAY

1<sup>ST</sup> JULY 2019

Thank you for  
your invaluable service  
to our patients  
and your commitment  
to healing them

-KEM Hospital, Pune

# National Doctors' Day

July 1<sup>st</sup>, 2019



Celebrating our Doctors and their dedication to their work on Doctors' Day was an occasion of immense pride and joy. We had 110 Consultants join us in the celebrations and all together 150 KEMH members were in attendance.

The occasion was celebrated with a cake cutting by the Senior Consultants, and small tokens of appreciation were distributed.

Venue: 3<sup>rd</sup> Floor, TDH Building, Research Department, Conference Room, KEM Hospital, Pune.





**Dr. Rahul Bhadgale**  
Panel Consultant Surgeon for  
AVF, Nephrology

Dr. Rahul Mohanrao Bhadgale, completed his MBBS from B. J. Medical College in 2009. He did his MS in general surgery from Grant Medical College and J. J. group of Hospitals, Mumbai. He returned to BJMC for his MCh in Plastic and Reconstructive Surgery. He has a special interest in Plastic and Reconstructive Surgery and has a large number of A-V fistula surgeries for patients on dialysis under his credit.

Dr. Bhadgale was born in Ahmednagar. His father is a farmer and mother is a housewife. He enjoys playing badminton and cricket.



**Dr. Sahil Rasane**  
Associate Consultant,  
Gastroenterology

Dr. Sahil Rasane was born in Pune. He studied at Muktangan School and later at SP College before completing his MBBS at Bharati Vidyapeeth Medical College, Pune. He completed DNB medicine from KEM Hospital, Pune and moved to Chennai to pursue his DNB in Gastroenterology at MIOT International.

His father is a Family Physician and mother, an Investment Consultant. His wife is pursuing her specialization at Tarachand Hospital in Panchakarma.

Apart from running his OPD at KEM Hospital on Wednesdays, he also conducts a daily evening OPD at Shaniwar Peth. His special interest lies in Liver Transplants.

## Circular

**Dr. Rahul Bhadgale**  
MBBS, MS General  
Surgery, MCh Plastic and  
Reconstructive Surgery  
Panel Consultant Surgeon  
for AVF, Nephrology

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**Dr. Sahil Rasane**  
MBBS, DNB Medicine,  
DNB Gastroenterology  
Associate Consultant,  
Gastroenterology

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OPD Time:  
Every Wednesday  
11:30 AM and 1:30 PM

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**Dr. Aniket Zarkar**  
Associate Consultant  
General Surgeon

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OPD Time:  
Every Saturday  
9:00 AM to 11:30 AM  
In place of Dr. Kunal Oswal  
in addition to his OPD on  
every Monday

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**Dr. Shailaja Kale**  
Consultant Diabetologist

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OPD Time:  
Every Friday  
9:00 AM to 11:30 AM  
Instead of her OPD on  
Monday

# Blood Donation Camp At Marisoft

22<sup>nd</sup> And 27<sup>th</sup> May, 2019

Its time we all contribute towards betterment of humanity!

Realizing the social responsibility, a blood camp was conducted at Marisoft Kalyani Nagar with the support of EFC, a coworking and shared office spaces provider in Pune and Mumbai. The camp was held on 22<sup>nd</sup> and 27<sup>th</sup> May, 2019 by KEMH Blood Bank team. A total of 70 blood donors came forward to support the cause of Donate Blood Save Life!

The onsite camp helped us spread awareness about the organ donation cause as well. We distributed the organ donor cards to the interested and curious one. General awareness and importance of organ donation was emphasized in the approach while handing out these cards. We hope this sensitization converts into a life saving act !

Time: 11:00 AM to 4:00 PM  
Venue: 2<sup>nd</sup> Floor, EFC Ltd.,  
West Wing, Marisoft 3,  
Marigold, Kalyani Nagar.



# International Otology Workshop At Bombay Hospital 7<sup>th</sup> To 9<sup>th</sup> June, 2019

Dr. Desarda was invited as Chairperson in a live surgery session in The International Otology Workshop held in Bombay Hospital and Research Centre on 7<sup>th</sup> to 9<sup>th</sup> June, 2019.

Prof. Robert Vincent, Prof. M. Kameswaran, Prof. Vijayendra and Prof. Manikoth participated as operating faculty, discussing various Otological procedures, surgeries and clinical presentations. Many videos were presented. About 350 delegates participated in the workshop.

Venue: Bombay Hospital



The Queen Elizabeth Diamond Jubilee Trust (The Trust) London developed a programme for reducing blindness from Retinopathy of Prematurity (ROP) in India. 150 delegates attended. KEM Hospital has been involved in this program since June 2016.

We trained doctors and nurses from the Special Newborn Care Unit (SNCU) across Maharashtra State under a project led by Public Health Foundation of India and HV Desai Hospital, Pune. The aim was to reduce the incidence of Retinopathy of Prematurity across the State. Under this project, we have conducted multiple such teaching programs in our Hospital.

We organized a symposium on ROP on 28<sup>th</sup> June in IMA Hall, Pune.

The delegates included Paediatricians, Ophthalmologists, Nurses

and Managers from the Rashtriya Bal Suraksha Karyakram (RBSK) National program. The faculty were Dr. Sam Ebenzer (Perth), Dr. Anand Vinekar (Bengaluru) and Mr. Krishna who demonstrated the Neo Camera. Dr. Navrange (Medico-Legal Expert), Dr. Ashwini Gaikwad (Ophthalmologist) from HV Desai Hospital, and Dr. Sandeep Kadam from KEM Hospital, Pune also guided the delegates. Apart from the Trust and KEM Hospital, the program was supported by IAP Pune, HV Desai Hospital, Pune, Public health foundation of India and the London School of Tropical Medicine.

The focus of this symposium was to create awareness about ROP and potential good practices adopted in SNCUs would go a long way to reduce ROP. ROP is a preventable cause of blindness. Timely intervention in the form of Laser or drugs

### Following topics were covered

- Retinopathy of Prematurity - Burden and the impact
- Classifying ROP for screening and treatment
- ROP Imaging and Tele-screening KIDROP experience
- Widefield Retinal Imaging Demo
- Hands on workshop for delegates on Widefield camera with infant mannequin
- Best practices in ROP screening program: Closing the gaps
- Medico legal aspects of Retinopathy of Prematurity



can help in preserving vision. Failure to screen and document is punishable and involves a huge compensation. Newer diagnostic tools such as an Indian camera would be the next step where diagnosis will be easy and quick especially in places where a trained Ophthalmologist is not available. All babies weighing less than 2 kg and born before 34 weeks of gestation should be screened for ROP.

Venue: Indian Medical Association

## Follow-Up Workshop For Newborns Of Zika Virus Infected Mothers

1<sup>st</sup> to 4<sup>th</sup> July, 2019

One hundred pregnant women were estimated to be infected with the Zika Virus during the 2018 epidemic in Jaipur and Bhopal. This virus is commonly found in Africa and South America. The Indian Council of Medical Research (ICMR), New Delhi is following up their babies, as they are known to get Microcephaly and other Congenital Anomalies. The epidemiology unit of ICMR requested Dr. Sudha Chaudhari, Consultant,

Department of Paediatrics and TDH Rehabilitation and Morris Child Development Centre to conduct a workshop on follow-up methods and early intervention of these babies, in KEM Hospital from 1<sup>st</sup> to 4<sup>th</sup> July, 2019, with a focus on Developmental Assessment Scales for Indian Infants (DASII). It was attended by Paediatricians, a Psychologist and Occupational Therapist.

Venue: KEM Hospital, Pune



## Autistic Pride Day

18<sup>th</sup> June, 2019

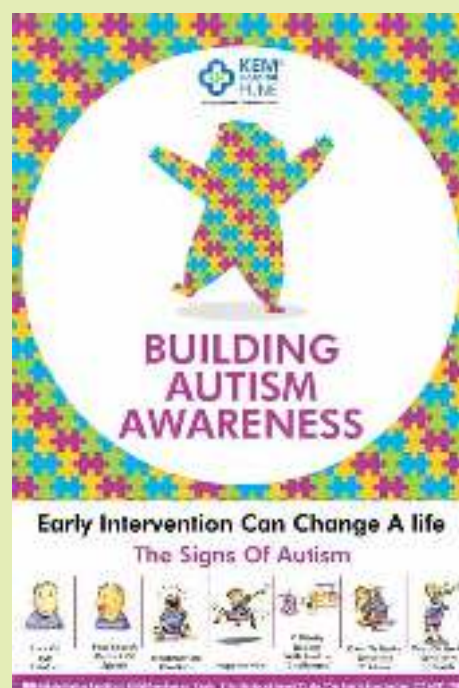


Autistic Pride Day 2019 was celebrated on the 18<sup>th</sup> of June by KEM Hospital TDH Rehabilitation and Morris Child Development Center in collaboration with the Dental Unit.

A free 'Dental Health' checkup camp was conducted at the Sunderji Institute of Open School. 51 school students with Autism were examined and given treatment advice. Indian Dental Association (IDA) kits of toothpaste with toothbrushes and Building Autism Awareness brochures were distributed to the children along with posters for

the school to increase awareness. A jaw model was shown to the children as well and each child was asked to demonstrate brushing technique, guided by Dr. Pratibha Pandit.

The examination was done by Dr. Pratibha Pandit, Consultant - Paediatric and Preventive Dentistry. The event was organized by Dr. Sudha Chaudhari, Consultant - Paediatrics, Dr. Sana Khan and Taysir Moonim. The Sunderji School has commended and expressed appreciation of the event.



Venue: The Sunderji School

# Lipid And Cardiovascular Disease Prevention Camp

13<sup>th</sup> July, 2019



A free camp to create awareness regarding Lipids and to screen for Cardiovascular Disease risk factors was arranged at Mahalaxmi Mandir, Somwar Peth, Pune.

It was an initiative by Mrs. Mallika Sundari from Department of Internal Medicine and Dr. Rashida Melinkeri organized in association with the Mandir Trust, KEM Hospital and Lipid Association of India.

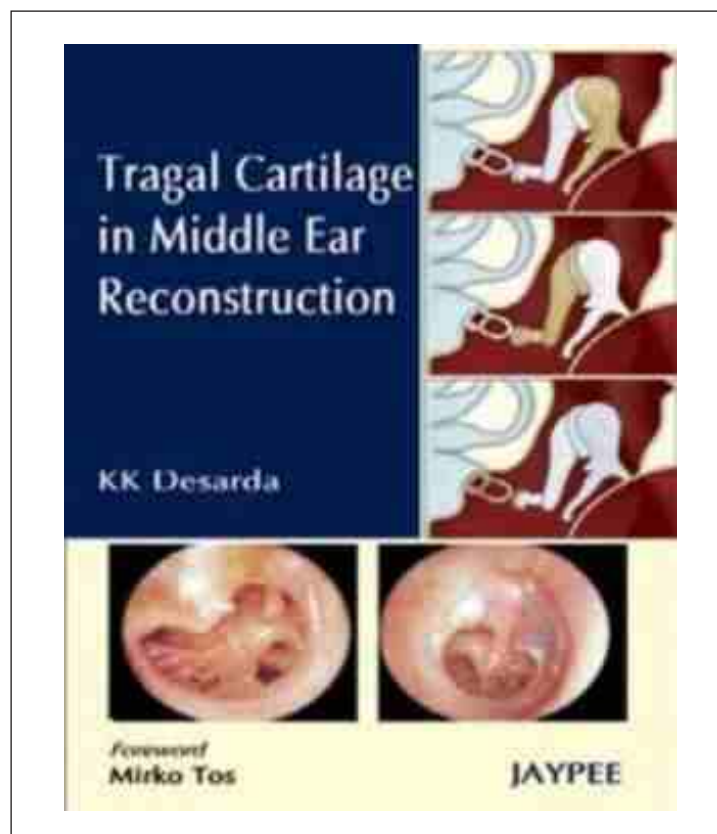
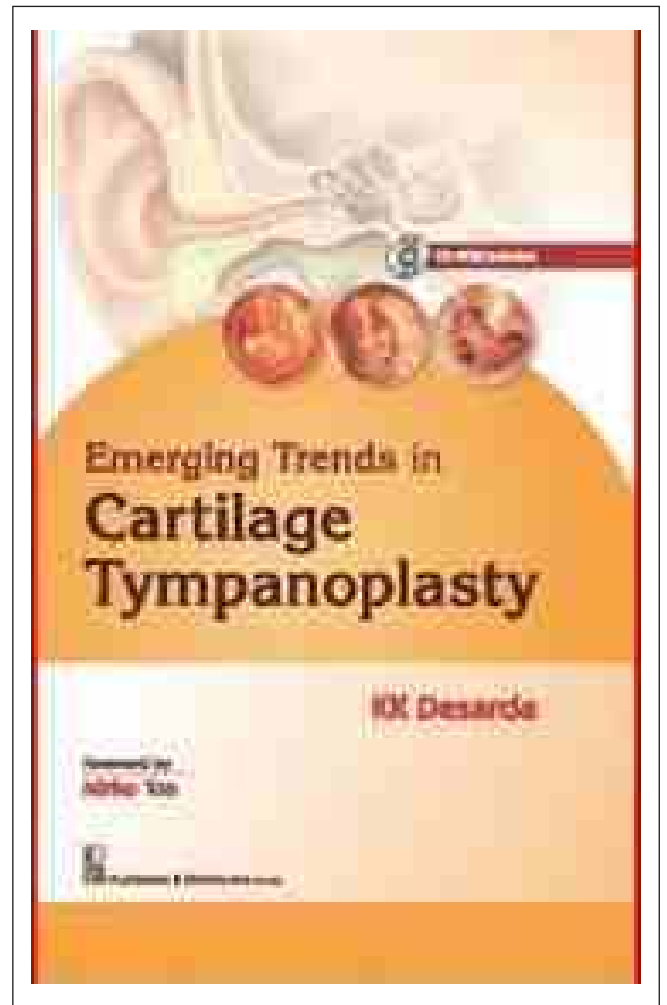
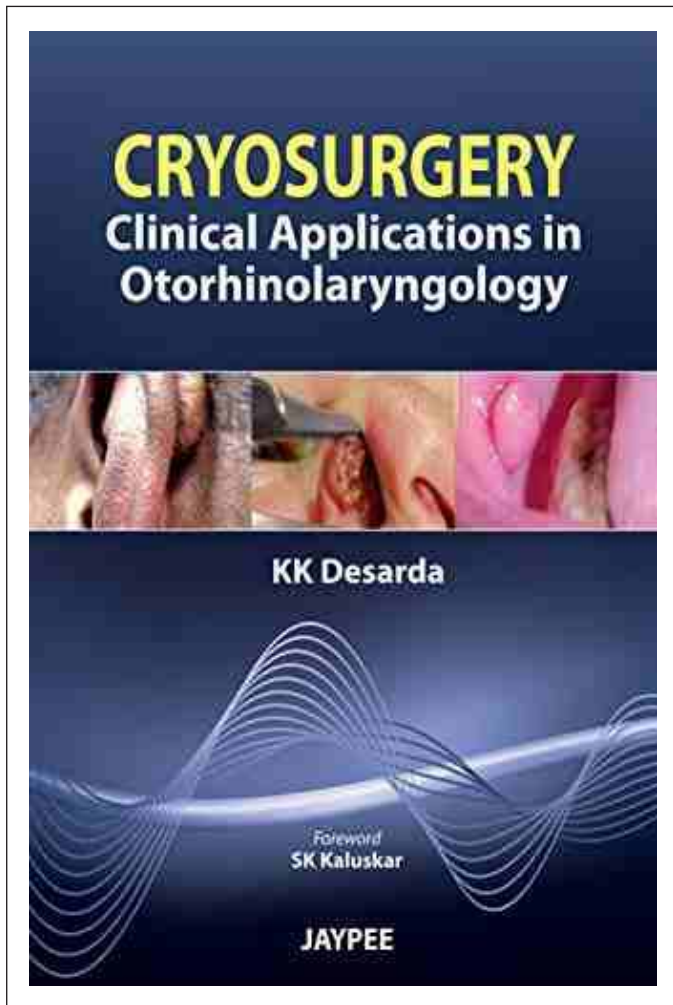
As a part of the camp, blood pressure measurements, body mass index, random blood sugar, spot lipid profiles and ECG was carried out of nearly 170 patients. This was followed by consultation and guidance for further management.

The burden of risk factors especially Dyslipidemia is very high contributing to the rising epidemic of Cardiovascular Diseases in the younger age groups.

Venue: Mahalaxmi Mandir, Somwar Peth, Pune.



Dr. Desarda's published books are now available online.



# Consultants' Breakfast Meet



Dr. Chittranjan S. Yajnik (MD, FRCP), Director – Diabetes Unit, is recognized as a recipient of the 2019 March of Dimes Agnes Higgins Award in Maternal-Fetal Nutrition on behalf of the March of Dimes Research and Global Programs which was established in 1980. The March of Dimes Agnes Higgins Award honors the late Agnes Higgins of the Montreal Diet Dispensary for her innovation and years of service to the cause of improved maternal nutrition.

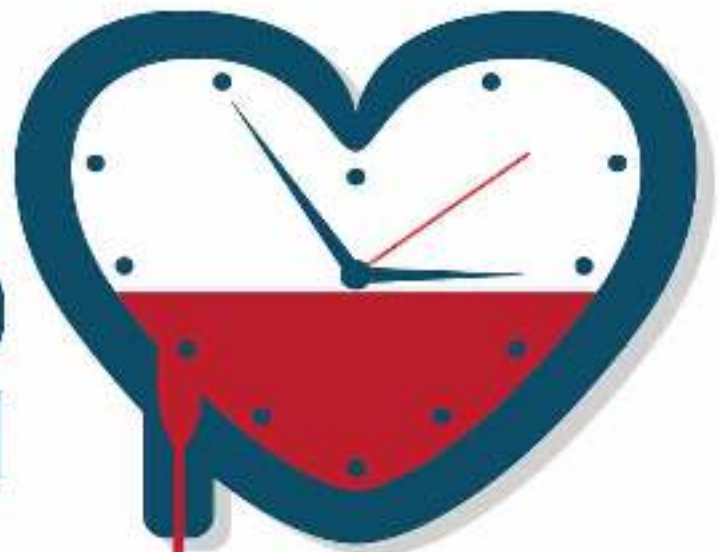
The Agnes Higgins Award is presented in recognition of distinguished achievement in research, education or clinical services in the field of maternal-fetal nutrition.

Dr. Yajnik was nominated by Dr. Patrick Catalano, a previous Agnes Higgins Award recipient, for his admirable work on diabetes and the importance of nutrition on the short and long-term health outcomes in women and their children. This award carries a \$3,000 prize and recognition at the 2020 Society for Reproductive Investigation (SRI) Annual Scientific Meeting.

*The KEMH staff is excellent and extremely caring - the entire team at KEMH that took care of us has been absolutely brilliant. Thank you to all the Doctors, Nurses and Staff for their excellent service during our stay at the hospital from the core of our heart. God bless all of them.*

*M. K. Narain  
Patient  
Nursing Home, 4<sup>th</sup> Floor,  
KEM Hospital, Pune*

**2 EVERY  
SECONDS  
SOMEONE  
IS IN NEED OF  
A SAFE BLOOD  
TRANSFUSION**



**WORLD  
BLOOD  
DONOR  
DAY**

**JUNE 14<sup>TH</sup>, 2019**

## Who Can Be A Blood Donor?

- ◆ Healthy & Fit
- ◆ Age - 18 - 60 Years
- ◆ Minimum Weight Of 50 Kg
- ◆ Must Pass The Physical And Health-History Assessments
- ◆ Avoid Smoking Before Donating
- ◆ No Consumption Of Alcohol 48 Hours Before Donation
- ◆ Inform Doctor About Your Medication, If Any
- ◆ No Tattoos Or Body Piercings In The Past 12 Months
- ◆ A Donor Can Donate Again After 3 Months From Their Last Blood Donation

**Safe Blood For All Through Leucoreduced Blood Components, Phenotyping, Antibody Screening, NAT Testing Available Only At Kem Hospital, Pune**

**TO KNOW MORE CONTACT BLOOD BANK DEPARTMENT | CONTACT : +91 73786 54553**

#BornToBeASuperDonor #BeSuperBloodDonor #BloodDonationIsSafe. #DonateBloodSaveLives