

## Welcome

The following consultants  
have joined us this month.  
Please welcome...



**Dr. Sanat Phatak**  
MD (Med), DM  
(Clinical Immunology  
& Rheumatology)

Associate Consultant Rheumatologist

### OPD

Wednesday - 09:00 AM To 11:30 AM  
Friday - 11:30 AM To 01:00 PM



**Dr. Rajashri Shelar**  
Bachelor Of Dental Surgery (BDS)  
Junior Dental Surgeon

## Know Your KEM Consultant

**Dr. Jyoti Sharma**  
Consultant  
Paediatric Nephrologist

**OPD Time**  
Monday, Wednesday & Friday  
01:00 PM To 02:30 PM

Graduate and Post Graduate of  
Armed Forces Medical College,  
Pune.



Training in Paediatric Nephrology: Fellowship of the International Paediatric Nephrology Association availed at Department of Paediatric Nephrology, St. John's Medical College and Hospital, Bangaluru.

Fellowship of the International Society of Nephrology: Training received at Montreal Children's Hospital, University of Health Sciences, Montreal, Quebec, Canada.

Joined the Renal Unit, KEM Hospital in Nov 2013. Grateful to Dr. F. F. Wadia and Dr. V. Lobo for the opportunity given to carry on with the Paediatric Nephrology Service.

With the assistance of Dr. Jyoti Singhal, Junior Consultant in Paediatric Nephrology, we have OPD thrice a week including an OPD devoted to children with voiding disorders including enuresis. In-patient care includes delivery of acute peritoneal dialysis, hemodialysis, SLED, CRRT and plasma exchange and initiation of maintenance hemodialysis and continuous ambulatory peritoneal dialysis. Academic Programme: a one-year Fellowship in Paediatric Nephrology under the auspices of the Indian Society of Paediatric Nephrology and a two-year Fellowship in Paediatric Nephrology (FNB) of the Diplomate National Board.

## Bringing Health Awareness in the Community - KEM Hospital Punes last six month initiatives

### World Kidney Day- 8<sup>th</sup> March 2018

World Kidney Day is an initiative by the International Society of Nephrology to create awareness world over about the importance of maintaining healthy kidneys.

In keeping with the spirit of this initiative the following programme were organised.

### Acute Peritoneal Dialysis Workshop for Post Graduates & Post Doctoral Students

An acute Peritoneal Dialysis workshop was organised by faculty from KEM Hospital Pune, AFMC Command Hospital supported by the Kidney Foundation for Children (KFC). The workshop was held on 3<sup>rd</sup> March 2018 at Command Hospital (SC), Pune. Twenty eight post graduate students in Paediatrics, Fellows in Paediatric Nephrology and Paediatric Intensive Care from various medical colleges and teaching institutions in Pune attended the workshop. The workshop 'PD for PDIatricians' a module designed by KFC included a talk on indications and modalities of acute dialysis, a pretest, a video demonstration of the procedure and a hands on experience of PD catheter insertion. The faculty included Dr. Suprita Kalra (AFMC), Dr. Manoj Matnani, Dr. Jyoti Singhal and Dr. Jyoti Sharma.





Paediatric Nephrologists from the Armed Forces Medical College and King Edward Memorial Hospital, Pune and the Kidney Foundation for Children have committed themselves to screen school children for high blood pressure.

Befittingly the programme in Pune was launched on 8<sup>th</sup> March with the first screening camp held at Samta Vidyalaya, Uruli Devachi at which Dr. Suprita Kalra, Dr. Jyoti Singhal, Dr. Jyoti Sharma and their team (Dr. Vijay Paul, Capt. Neha, Capt. Sangeeta, Ms. Carol Coelho) recorded weight height and blood pressure of children of VIII and IX standard. Those who have been identified with high blood pressure will be evaluated further at subsidised rates at KEM Hospital, Pune. The programme was coordinated by members of the Poona Round Table number 15 who also participated in the activity.





Children attending the Paediatric Nephrology OPD at KEM Hospital Pune were invited with their parents and siblings to this fun event with paints. The activity was created and conducted by Ms. Falguni Gokhale and her team from Design Directions. Each child received a letter of the alphabet (first letter of their name) to paint. This was followed by a talent show by the children. Parents came forward to express their views on their association with KEM hospital and the doctors. The programme provided a platform for informal interaction between doctors, medical social workers and caretakers and amongst the caretakers as well. It culminated with lunch and goody bags for all the children.





World Autism Awareness Day 2018 this Monday, April 2<sup>nd</sup>, 2018 was celebrated by KEM Hospital Mental Health & Psychosocial Services by organising a visit to Bal Kalyan Sanstha for children (age 3 - 5 years) and their parents who are enrolled with TDH Morris Child Development Center's therapy and training programme for children with Autism and their parents. At KEM Hospital, information brochures on Autism were distributed on site at all the OPD counters all week.

KEMH staff, parents and children collected as a group at the hospital & travelled to Bal Kalyan Sanstha in a bus kindly provided by PENOSH. We were warmly welcomed by Mrs. Aparna Panse, the Director, who had arranged a guide for us.

We began with the delightful sensory garden, let loose in the playground and were then refreshed with a picnic with special lunches out on the shady lawn. After this break, we explored the activity centre. Here, we toured through music rooms, an IT room, and a fitness centre. We interacted with the facilitators, observed other children at play, and responded with spontaneity and curiosity to the musical instruments, and enjoyed the space itself. On the walls was beautiful, textured art and figures. Every room held an interactive sensorial experience where children, adolescents and young adults were all participating with ease. For most of the parents, Bal Kalyan Sanstha was a discovery - a soothing yet stimulating environment for their child where they could grow and also have fun, a place they would now return to visit.

KEMH was pleased to have the opportunity to be a part of this wonderful experience.





On Saturday, February 3<sup>rd</sup>, 2018, Dr. Laila Garda, Director of KEMHRC and Dr. Mohan Agashe arranged a guest session by Professor Dr. Nicole Von Steinbuechel, Director of the Department of Medical Psychology and Medical Sociology, at the Institute of Medical Psychology and Medical Sociology, Georg August University, Goettingen. She spoke to a select audience of KEMH neurosurgeons, neurologists, psychiatrists, psychologists, and the KEMHRC & KEM Hospital (Vadu) teams about her eminent work on the 'Quality of Life after Traumatic Brain Injury (TBI)'.



KEM Hospital screened the Marathi feature film 'Kaasav' (Turtle) on Friday, 12<sup>th</sup> January 2018, at our KEMHRC Auditorium. The movie screening was followed by a discussion of the film with Dr. Agashe over tea.

WHO says depression is one of the leading causes of mortality. Created by filmmakers Sumitra Bhavne and Sunil Sukthankar and co-produced by Dr. Mohan Agashe, Kaasav has won the President's Golden Lotus for the Best Feature Film 2016 at the 64<sup>th</sup> National Film Awards of India. The movie is about a young, suicidal boy who is given shelter by a woman. 'Kaasav' shows the viewer how patience, love and continuous engagement can help someone going through depression.

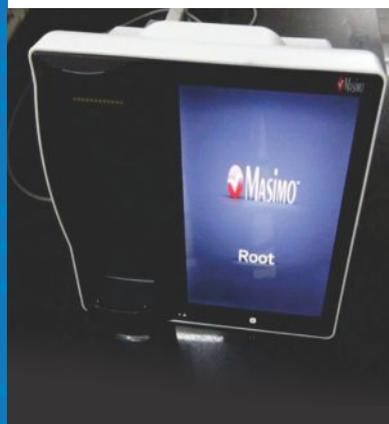


## Inauguration - NIRS and NANODUCT

"Mukul Madhav Foundation, Pune has kindly donated a Near Infra Red Spectroscopy machine (NIRS) and NANODUCT (Sweat chloride meter) for diagnosis of Cystic Fibrosis.

The hand over function of the machine took place on the 16<sup>th</sup> of May, 2018 in the Paediatric Intensive Care Unit.

Mrs. Ritu Chhabria handed over the machine to the department in presence of all the associated members and Consultants of the hospital along with Dr. K. J. Coyaji, Dr. Anand Pandit and Dr. V.L.Yemul."





To,  
KEM Staff,

*I am a resident in Charlotte, North Carolina, USA. My father is currently admitted in the HDU of KEM Hospital, Pune.*

*On behalf of my mother, my brother and my family, I want to take this opportunity to THANK the entire nursing staff of Doctors, Nurses, Ward boys, Sweepers and each and every helper for the excellent services and care your team is providing for my father and my family.*

*Past 2 days I have only been hearing praises and gratitude for your team from my mother. She is absolutely overwhelmed by the kindness, generosity, concern and kindness the entire staff team has provided to not only my father but my family waiting there all day, all night for the past 3 days. They all have been very helpful and very kind. In such times of worry and tension and fear, it is this kindness which means a lot and helps us be strong, positive and still believe in good people.*

*I am sitting 10000s of kilometers away from my family but it gives me so much peace of mind to know you all are taking great care of not only him but my whole family.*

*I want to thank each and every one of you from the bottom of my heart and may God bless you all, now and always.*

*Thank you KEM staff.*

*Best Regards,  
Patient's daughter,  
HDU Department*