



inf+KEM

JULY 2022



Vol. 85

Team KEM

Total Hip Replacement

Know Your Health

Men's Health Package

Dr. Mayuri Swamy

Know Your Consultant

Appreciation for vaccinators

Healthcare Awareness

Doctor's Day
World IVF Day
World Hepatitis Day

Achievements

Appreciation for cochlear implantees

Doctor's Day
Inauguration of high frequency fixed digital radiography system

Events & Activities

Installation of Neuronavigation Machine
Pain Relief Workshop



Total Hip Replacement

How to prepare and what to expect

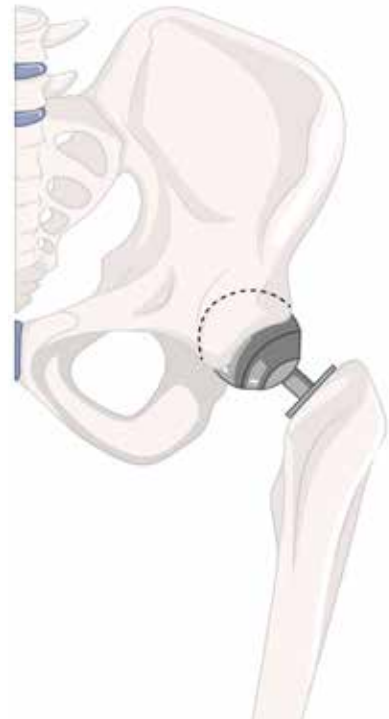
Total Hip Replacement (THR) is a major surgical procedure. In the right indication, a THR promises to relieve hip pain and stiffness, and greatly improve mobility.

To prepare for THR, we recommend the following things:

- Make sure that there will be somebody to take care of you for at least 4 weeks at home.
- Stop smoking and try to lose weight if possible.
- Take your regular medications regularly and review with your physician regarding stopping blood thinner medications at appropriate times before surgery.
- Learn physiotherapy exercises for hip and legs and also upper limbs as these will be performed after surgery also.
- Some modifications at home like Commode with raised seat and hand railing in the toilet, high chair for sitting and removing obstacles, loose wires, carpets so that you don't trip.

What to expect:

- You will be treated by a team including doctors, physiotherapists and nurses.
- The operation is usually done under regional/ spinal anaesthesia.
- There may be a requirement of a Urinary catheter and wound drain tube for 1 or 2 days.
- Pain after operation is very effectively managed with medications and anaesthetic techniques.
- You will be made to sit/ stand/ walk with a physiotherapist's assistance the next day.
- You will be discharged when pain is manageable requiring only oral medications and you are able to independently go to the toilet.
- Walker is advised for 4 weeks and after that one stick may be used.
- Physiotherapy exercises are done for at least 3 months.



Dr. Rahul Nerlikar
HOD & Consultant,
Orthopaedics



WELL MAN HEALTH CHECK-UP @3700

TESTS INCLUDED-

- Haemogram
- BSL (Fasting & PP)
- Urea
- Creatinine
- Lipid Profile
- Liver Function Test
- Urine Routine
- Chest X-ray
- ECG
- 2D Echocardiography
- USG (Abdomen & Pelvis)
- Physician Check Up
- Diet Consultation



For more details call us on : 020 6603 7460 | 020 2621 7460



www.kemhospital.org
info@kemhospital.org



Dr Mayuri Swamy Pathologist

Dr. Mayuri Swamy works as a Junior Consultant in the department of pathology in KEM hospital.

She completed her MBBS from BLDEA Shri B.M. Patil Medical college, Bijapur, Karnataka and then did her internship from St. Johns medical college, Bangalore. She then pursued her academic career at Kasturba Medical College, Manipal University, Karnataka where she trained in pathology.

During her post graduation days she was extensively trained in histopathology, clinical pathology, cytology and hematology.

Her thesis project was on flow cytometry, and she handles the flow cytometry at KEM. She has attended several workshops on flow cytometry.

She loves teaching and teaches classes for undergraduate dental and medical students. She joined the Jehangir Hospital, Pune in 2017 as lecturer and was involved in Haematology, biochemistry, histopathology.









She also was a part of a blood bank and worked as a blood bank officer. She was also part of the DNB curriculum. She has undergone ISO and NABL training as well.

Apart from academics Dr. Mayuri is an artist by passion. She takes up painting projects, and has displayed her skills in a few exhibitions.

She also conducts painting workshops in her free time. She is an avid gardener. She loves traveling, exploring new places and cuisines.



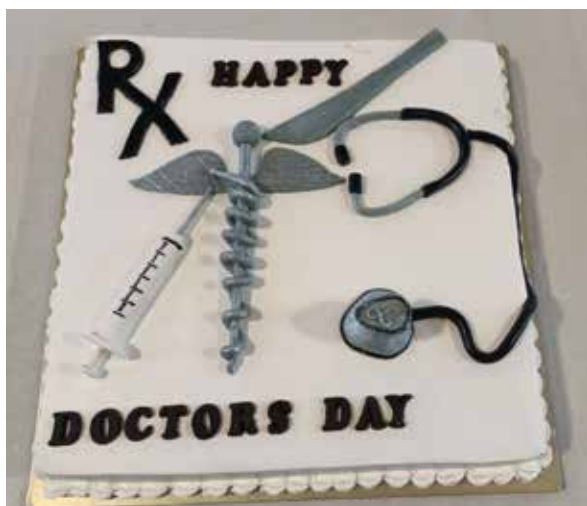
TEAM KEM

DR. SHRIRANG BAMNE MD (Anaesthesiology), FNB (CCM), EDIC (CCM), DM (CCM) has joined our hospital as a Full-time Junior Consultant Intensivist in ICCU & Neuro ICU unit.		DR. SAJILI MEHTA MD, DNB (Paediatrics) has joined our hospital as an Associate Consultant Paediatric Endocrinologist. OPD Timing: Every Tuesday & Thursday, 1:00 PM - 3:00 PM	
DR. FAROKH MASTER LCEH, MD (Homeopathy), PHD has joined our hospital as a Consultant, Homeopathy. OPD Timing: Friday (Every 6 weeks), 9:30 AM- 12:30 PM		DR. ABHISHEK JOSHI BHMS, MD (Homeopathy) has joined our hospital as a Consultant, Homeopathy. OPD Timing: Every Friday, 9:30 AM - 12:30 PM	
DR. KHYATI PATEL BHMS, MD (Homeopathy) has joined our hospital as a Consultant, Homeopathy. OPD Timing: Every Saturday, 9:30 AM - 12:30 PM		DR. MRINAL WANI BHMS (Gold Medalist), M.D. (Homeopathy) has joined us as a Consultant, Homeopathy OPD Timing: Every Monday, 9:30 AM - 12:30 PM	
DR. NAYANA PARMAR BHMS, MD (Homeopathy) has joined us as a Consultant, Homeopathy. OPD Timing: Every Wednesday, 9:30 AM - 12:30 PM		MR. FRAMROZE GARDA has joined the KEM team as Head- Liaisoning & Special Projects.	



EVENTS AND ACTIVITIES

Doctor's Day





EVENTS AND ACTIVITIES

Inauguration of high frequency fixed digital radiography system with wireless flat panel detector at X-Ray department.





EVENTS AND ACTIVITIES

Installation of Neuronavigation Machine

For better outcome of patients and increase the safety of treatment inclusion of updated technology is also necessary. We have successfully installed state of art Neuronavigation machine at KEM Hospital. This equipment increases the precision during in cases like Brain tumours, abscess, haemorrhagic stroke, epilepsy surgeries, intraventricular bleed.

It is also very helpful in Paediatric neurosurgery cases, spine surgery and some of ENT surgeries. It increases precision and prevents the injury to important structures. Also frameless stereotactic biopsy can be performed with this neuro navigation system.





EVENTS AND ACTIVITIES

Pain Relief Workshop

Pain Awareness Week was celebrated in Pain Relief OPD and OT with all health care workers and staff to spread awareness on pain relief under the guidance of our Pain Medicine Consultant, Dr. Joyshankar Jana. It was a part of celebration of Pain Relief Day (9th July) organised

by Indian Society of Study of Pain, Society of Study of Pain Pune and KEM Hospital Pune.



ACHIEVEMENTS

We congratulate our cochlear implantees on their super success!



Purva Kadam
HSC 77.83%



Aarati Bombale
HSC 60%



Tanvi Pandit
HSC 60%



Gaurav Baviskar
Patil HSC 76%



Radhika Sharnathe
HSC 65.5%



Malhar Deshpande
SSC 88.4%



Sairaj Borawake
SSC 70.4%

Prajwal Wagh	SSC	81.2%
Shrawani Kad	SSC	88.4%
Manthan Santhani	SSC	64.8%
Vrushant Babar	SSC	75.6%
Akshay Jadhav	HSC	84.3%



ACHIEVEMENTS

Congratulations to all our vaccinators on receiving the appreciation letters from our Prime Minister Shri Narendra Modi for their active participation in the Covid vaccination drive.



प्रधानमंत्री
Prime Minister

New Delhi
17th July 2022

My Dear Sharau Vyas Ji,

With your active participation, India has scripted history, yet again! Our journey of Covid Vaccination started on 16th January 2021 and on 17th July 2022, we reached another significant milestone. It was a memorable day for the country as we completed administering 200 crore vaccine doses, an outstanding achievement in our fight against Covid-19.

Saving lives is crucial, especially during a once-in-a-century global pandemic. Our vaccinators, healthcare workers, healthcare support staff and frontline workers have played a critical role in protecting Indians. This is a laudable example of dedication to duty and delivering when it is most necessary.

From the coldest mountains to the hottest deserts, from faraway villages to dense forests, the Covid-19 Vaccination Programme has left none behind and showed that New India excels in last mile delivery. The scale and speed that India imparted to the world's largest vaccination programme have been spectacular and this has happened due to the efforts of people like you.

On this historic occasion, I applaud your contribution to India's COVID-19 Vaccination Programme and appreciate you for being at the forefront of such a crucial, life-saving mission.

The achievement of 200 crore vaccine doses showcases the strength of the democratic, compassionate and service-oriented ethos of our Nation. The story of India's courage to deliver during a crisis will be cherished by generations to come.

My best wishes to you and your family!

My Dear RADHAKRISHNAN J,

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प्रधानमंत्री
Prime Minister

New Delhi
17th July 2022

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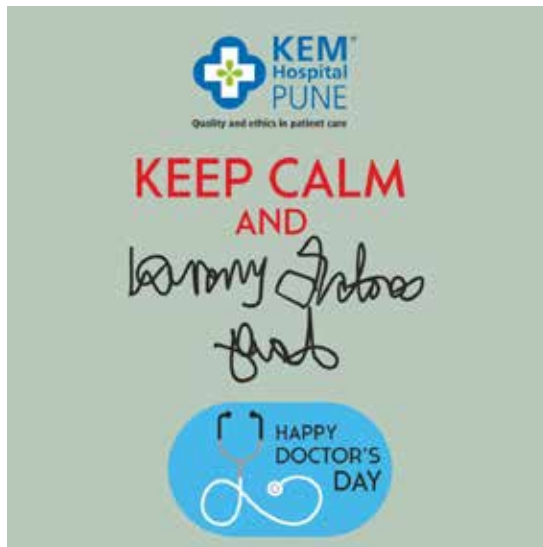
My best wishes to you and your family!

Yours Sincerely

(Narendra Modi)

Yours Sincerely

(Narendra Modi)



MAKING PARENTHOOD EASIER

Infertility Evaluation

- Assessment and counseling
- Ovulation monitoring
- Sonosalpingography
- 3-D Ultrasound

Andrology Services

- Semen Analysis with morphology
- Sperm DNA fragmentation test
- IUI / Donor IUI
- Semen freezing
- Electro-ejaculation
- PESA / TESA / TESE

Oocyte freezing

- Embryo freezing
- IVF / ICSI / PICSI
- Blastocyst transfer
- ERA / PRP



KEM Hospital PUNE
Quality and ethics in patient care

For consultation, call
020- 2621 7385 | 020- 6603 7385
Mon to Sat 9.00AM - 5.00PM

