

infoKEM

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Down's Syndrome



Down's Syndrome is a genetic disorder caused when abnormal cell division results in an extra full or partial copy of chromosome 21. This extra genetic material causes developmental changes and physical features. About 95 percent of the time, Down's Syndrome is caused by trisomy 21 — the person has three copies of chromosome 21, instead of the usual two copies, in all cells. This is caused by abnormal cell division during the development of the sperm cell or the egg cell. Chromosomes are small “packages” of genes in the body. They determine how a baby's body forms and functions as it grows during pregnancy and after birth. Typically, a baby is born with 46

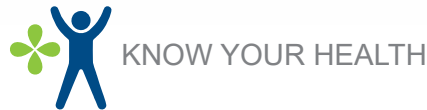
chromosomes. This extra copy changes how the baby's body and brain develop, which can cause both mental and physical challenges for the baby.

Even though people with Down's Syndrome might act and look similar, each person has different abilities. They usually have an IQ (a measure of intelligence) in the mildly-to-moderately low range and are slower to speak than other children.

Some common physical features of Down syndrome include:

- A flattened face, especially the bridge of the nose
- Almond-shaped eyes that slant up
- A short neck
- Small ears
- A tongue that tends to stick out of the mouth
- Tiny white spots on the iris (colored part) of the eye
- Small hands and feet
- A single line across the palm of the hand (palmar crease)
- Small pink fingers that sometimes curve toward the thumb
- Poor muscle tone or loose joints
- Shorter in height as children and adults

Down syndrome varies in severity among individuals, causing lifelong intellectual disability and developmental delays. It's the most common genetic chromosomal disorder and cause of learning disabilities in children. It also commonly causes other medical abnormalities, including heart and gastrointestinal disorders.



Types Of Down's Syndrome:

There are three types of Down's Syndrome:

- trisomy 21 (nondisjunction),
- translocation
- and mosaicism.

Treatment and Management:

Better understanding of Down's Syndrome and early interventions can greatly increase the quality of life for children and adults with this disorder and help them live fulfilling lives. The management of patients with Down's Syndrome is multidisciplinary.

Newborn with suspicion of Down's Syndrome, should have a karyotyping done to confirm the diagnosis. The family needs to be referred to the clinical geneticist for the genetic testing and counselling of both the parents.

Parental education is one of the foremost aspects regarding the management of Down's Syndrome, as parents need to be aware of the different possible conditions associated with it so that they can be diagnosed and treated appropriately. Treatment is basically symptomatic and complete recovery is not possible.

These patients should have their hearing and vision assessed and as they are more prone to have a cataract, therefore timely surgery is required. Thyroid function tests should be done on a yearly basis and if deranged should be managed accordingly.

A balanced diet, regular exercise, and physical therapy are needed for the optimum growth and weight gain, although feeding problems do improve after the cardiac surgery.

Cardiac referral should be sent for all the patients regardless of the clinical signs of congenital heart disease which if present should be corrected within the first 6 months of life to ensure optimum growth and development of the child.



Other specialties involved include a Developmental paediatrician, physical and occupational therapist, speech and language therapist, and audiologist.

Dr. Sharmila Patil

Consultant,
Developmental Paediatrics



Obesity Surgery



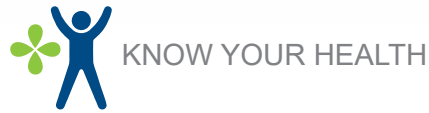
There are two types of Obesity:

1. Android or apple-shape obesity
2. Gynoid or pear-shape obesity

This fat distribution is determined genetically & varies among men & women. Android obesity is more common among males whereas females are more susceptible to gynoid obesity. The android obesity is linked to chronic ailments such as glucose intolerance, insulin resistance, hyperlipidemia & hypertension. This type of obesity is also closely associated with the development of metabolic syndrome (a complex of unified conditions like glucose intolerance, high blood pressure and alterations in serum lipids).

Lower Quality of Life:

Social, psychological and financial effects of obesity are a reality and can be particularly devastating. Obesity is associated with lower quality of life. Obesity impairs physical, emotional and social functionality. Many overweight people often face judgment and discrimination. They become depressed and/or defensive and cannot live life to the fullest. Overweight people must adjust to daily problems, from finding clothes that fit and look good to finding a comfortable way to travel and live. In addition, daily activities become tiring and hard to perform. Overweight people also face social stigma when seeking work or education. They are routinely considered less qualified for a job or as someone with a poorer work ethic, emotional problems or problems with interpersonal relationships.



Indications for Obesity Surgery

- Is Bariatric Surgery the right solution for my patient?
- Presence of serious sequelae of morbid obesity
- 30 kg overweight or a BMI > 33 kg/m² for more than 5 years with at least one co-morbidity (ASIA PACIFIC GUIDELINES)
- BMI > 37 with or without co-morbidities
- Failure of sustained weight loss on supervised dietary and conservative approaches (OR Multiple unsuccessful attempts at weight loss with non-surgical methods) - Absence of an endocrine cause (Secondary obesity). Acceptable operative risk
- Compulsive eaters
- Compliant patient, who demonstrates willingness to maintaining dietary guidelines and other follow-up care.
- Those who have support from family, spouse, or close friends.
- Surgery is not recommended for the mentally ill or impaired, patients known to abuse alcohol or drugs, or those with an eating disorder such as bulimia.

If the answer to the above is yes, then you should advise to seek the opinion of a Bariatric expert.

Only a surgeon specialised in bariatric surgery may determine whether someone is a suitable candidate. The general requirements for Indian population are:

- BMI \geq 37.5
- BMI 32.5 coupled with several obesity- related health problems.
- Previous unsuccessful attempts to lose weight under medical supervision (i.e. - diet, exercise, medication)
- Underlying illness causing weight gain. (hormonal conditions)
- Will to make a life-long commitment to follow- ups and to follow the extensive dietary, exercise and medical guidelines.
- No medical or psychological obstacles to surgery or the use of anaesthesia.
- No alcohol or drug abuse.
- Quitting smoking at least 6 weeks prior to surgery.



Dr. Jayashree Todkar

Associate Consultant, Bariatric Surgery

“Can we marry now?”

This was the question, which Ramesh and Urmila (name changed) asked me after a preconception counseling session. Ramesh and Urmila were second cousins and were concerned that they were related to each other and hence their children might be at risk for genetic disorders. The consultation session was attended by both and their parents. At first glance, they all appeared anxious and were not sure what to expect of a genetic consultation session. There were many marriages between blood relatives in their extended family and all had healthy pregnancy outcomes. They had googled and multiple hits revealed that marriages between close blood relatives significantly increases the chance of genetic disorders in the future generation. The information on google had left them confused and they wanted to have a genetic consultation in order to get more clarity and an answer to their question - Can we marry?



I explained to them that every pregnancy has SOME risk for genetic abnormality. This risk is expected to be in the range of 2-5%. The risk is SLIGHTLY increased and maybe up to 6-10% in a marriage between blood relatives or in a “consanguineous” marriage. In other words, in consanguineous marriage, upto 90-95% pregnancies result in healthy babies.



I explained that each parent (through their sperm or ovum) passes 23 chromosomes and a single copy of about 25000 genes to their offspring. These chromosomes and genes carry all the genetic information for baby for lifetime. If both the copies of a single gene, inherited from each parent is carrying a defect, there will be no normal copy of that gene and a disease may manifest related to that specific gene. This phenomenon is known as “autosomal recessive” inheritance.

Consanguineous marriages are typically at slightly higher risk for these conditions. These autosomal recessive disorders appear in children, ONLY when each parent, out of their two copies carries one defective copy, also known as “carriers”. Advanced genetic testing in the form of “Whole exome sequencing” is available to identify carrier status for the important genetic disorders. This test screens genetic defects in about 2000 important genes. The report provides information about those genes and conditions, for which both partners are carriers and hence their babies might be at risk for such autosomal recessive disorders. Its important to note that each person is a “carrier” for genetic defects in 3-5 genes. These defects are relevant for pregnancies ONLY when the partner is also carrying the defect in the SAME gene.

After counseling, the family agreed to do the genetic testing and they both were detected to be carriers for TGM1 gene, a gene which is known to be associated with congenital ichthyosis, characterised by extreme dry skin and sometimes neurological abnormalities in the baby. The couple was told that there was a 25% chance that each of their future pregnancies may be affected with congenital ichthyosis. For future pregnancies they were advised to undergo prenatal testing at about 3 months.

After the post-test counseling, the parents seemed to relax and the couple happily asked just one question - Can we marry now?.



Dr Meenal Agarwal
Consultant, Medical Genetics



Audiometry Camp

World Hearing Day is held on 3rd March each year to promote ear and hearing care and raise awareness on how to prevent deafness and hearing loss across the world. Earlier, the day was originally known as International Ear Care Day. Later, the World Health Organisation (WHO) declared it as World Hearing Day .

On this occasion Big Ears had organised a free Hearing Screening Camp for all. In response, 62 adults came to check their hearing. All candidates who had assessed were counseled for appropriate intervention options like ear care / ENT opinion / use of hearing aid / BAHA surgery / Cochlear Implant surgery etc.

Cochlear Medical Device Company India Pvt Ltd supported this camp.





केईएममध्ये मोफत तपासणी शिबीर
जागतिक श्रवण दिनाचे (वर्ल्ड हिअरिंग डे) औचित्य साधून केईएम रुग्णालयात मोफत कान तपासणी शिबिराचे आयोजन करण्यात आले आहे. हे शिबीर शुक्रवारी (३ मार्च) विभागात सकाळी 'बिग इअर्स' सायंकाळी पाच या वेळी आयोजित करण्यात आले आहे. (ऑडिओमेट्री) यांची मोफत तपासणी करण्यात येणार आहे.

जागतिक श्रवण दिनानिमित्ताने मोफत तपासणी शिबीर
पुणे : जागतिक श्रवण दिनानिमित्ताने केईएम रुग्णालयात मोफत 'ऑडिओमेट्री' तपासणी शिबिराचे आयोजन करण्यात आले आहे. हे शिबीर शुक्रवार, दि. ३ मार्च रोजी रुग्णालयातील 'बिग इअर्स' विभागात सकाळी ९ ते सायंकाळी ५ वाजेपर्यंत आयोजित केले आहे. यामध्ये कान आणि 'ऑडिओमेट्री' तपासणी आणि मूल्यांकन करण्यात येणार आहे, अशी माहिती प्रशासनाच्यावतीने देण्यात आली आहे.

केईएम हॉस्पिटलमध्ये मोफत ऑडिओमेट्री तपासणी शिबीर

पुणे : वर्ल्ड हिअरिंग डे चे औचित्य साधून केईएम हॉस्पिटलमध्ये मोफत ऑडिओमेट्री तपासणी शिबीराचे आयोजन करण्यात आले आहे. हे शिबीर ३ मार्च रोजी केईएम हॉस्पिटलमधील बिग इअर्स विभागात सकाळी ९.०० ते सायंकाळी ५.०० पर्यंत आयोजित करण्यात आले आहे. यामध्ये कान आणि ऑडिओमेट्री तपासणी आणि मूल्यांकन केले जाईल. तपासणीनंतर आवश्यक असल्यास श्रवण यंत्रांवर २० % सवलत दिली जाईल.

'केईएम'मध्ये मोफत ऑडिओमेट्री तपासणी
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केईएम हॉस्पिटलमध्ये मोफत ऑडिओमेट्री तपासणी शिबीर

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केईएम हॉस्पिटलमध्ये मोफत ऑडिओमेट्री तपासणी शिबीर

पुणे (प्रतिनिधी) : वर्ल्ड हिअरिंग डे चे औचित्य साधून केईएम हॉस्पिटलमध्ये मोफत ऑडिओमेट्री तपासणी शिबीराचे आयोजन करण्यात आले आहे. हे शिबीर ३ मार्च रोजी केईएम हॉस्पिटलमधील बिग इअर्स विभागात सकाळी ९.०० ते सायंकाळी ५.०० पर्यंत आयोजित करण्यात आले आहे. यामध्ये कान आणि ऑडिओमेट्री तपासणी आणि मूल्यांकन केले जाईल. तपासणीनंतर आवश्यक असल्यास श्रवण यंत्रांवर २० % सवलत दिली जाईल.



Celebration of International Women's Day

We at KEM Hospital celebrated Women's Day with a healthy cooking competition and sessions on personal care, healthy eating and money management. The activities aimed to promote women's health, wellness, and financial literacy, empowering women to take charge of their well-being.

Cooking Competition





EVENTS AND ACTIVITIES

Prize Distribution





Sessions for Women's Day





EVENTS AND ACTIVITIES

Shirin Wadia, the General Administrator of KEM Hospital, felicitated women patients on International Women's Day. Her kind gesture highlighted the importance of women's health and well-being, bringing smiles and comfort to women caring for their children and family members.





Preventing Kidney Disease' detection camp

The KEM Hospital Renal Unit conducted the first of its 'Preventing Kidney Disease' detection camp at City Church of the Immaculate Conception, on 12th March 2023. This is part of its planned community outreach programmes. It was aimed at detecting kidney diseases in the general population and also any risk factors (diabetes, hypertension, heart diseases, etc) contributing to it. Dr. Vipul Chakurkar, Sagar Kulkarni (Cons. Nephrologists) along with Drs. Shubhangini Acharya and Sangita Nashkar (Nephrology Residents) conducted the Camp.

The day started with administering a questionnaire to the attendees, a medical examination followed by collecting samples for serum creatinine, blood sugar level and urine proteins. A talk about the causes of kidney disease and its prevention brought on a lively Q &A session by the attendees .

The camp attended by 37 people resulted in the detection of 2 new diabetics and 2 new hypertensive adults. Kidney disease was detected in 7 individuals. All the attendees were instructed to maintain a follow-up based on their results. Those with abnormal kidney tests were instructed to follow up with Renal OPD in KEMH, those with risk factors but normal kidney tests were instructed to follow up with their physicians and control the illnesses adequately while those without risk factors and normal tests were advised to stay healthy such as balanced diet, adequate fluid intake, regular exercises, avoiding NSAID type pain-killers and avoiding smoking, etc.





Celebrating World Kidney Day



World Kidney Day, an initiative by the International Society of Nephrology, was celebrated the world over on 9th March this year with the theme “Preparing for the Unexpected, Supporting the Vulnerable”. The Adult and Paediatric Nephrology teams of the KEM Hospital Renal Unit too celebrated it in two separate morning and afternoon sessions.

The morning session had Dr F.F. Wadia, Director Renal Unit, addressing the audience (comprising patients, well wishers, financial Donors, Hospital Administrators and Renal Unit Staff) He described the various challenges faced by the Renal Unit and dialysis patients during the pandemic and how they were overcome. The Renal Team had ensured that no compromises were made in the accessibility, safety and care while dialysing this most vulnerable group of patients all through the pandemic and lockdowns. No patient needing treatment had been turned away. He ended by thanking and paying tribute to the selfless and brave dedication of the entire Nephrology team both within and beyond the Renal Unit.

This was followed by enthusiastic and spontaneous audience participation while our dialysis patient Vikram Kadam (on his guitar) and his teacher Mr. Gujar (on violin) performed two



popular yesteryear film songs. This was a highlight of the programme and got the audience into a receptive and upbeat mood to for what was to follow.

‘Against All Odds’ a short video film was shown about the remarkable journey of Kishore Pansare, a maintenance haemodialysis-dependent patient who is now working as a dialysis technician in the Renal Unit. The story of the film , from his being almost crippled to now awaiting an imminent renal transplant , was aimed at inspiring potential transplant patients to opt for this rehabilitative mode of treatment. The message of the film was appreciated by the audience!

The morning session ended by showcasing the beautiful water colors and pen sketches by Mrs Sandhya Bagwe - another dialysis patient. She also shared how she coped during the pandemic and continues to do so by ‘living in the moment “and enjoying every minute of it. Her words of appreciation “for her family - the Renal Team” were very encouraging and heartwarming.

In the afternoon session , children attending the Paediatric Nephrology OPD were invited with their parents and siblings to a fun filled event. The children were given drawing sheets with crayons and were asked to draw and color kidneys . They were asked to put down any facts that they were aware of regarding the function of the kidneys and ways to keep them healthy. These were then displayed.

There was much excitement next among the children as the invited tattoo artist painted cartoons of their choice on their arms. This was followed by a puppet show which kept the children swaying and clapping to the dancing puppets. The puppeteers also cleverly managed to use the puppets to convey important kidney care messages as well as about the importance of good compliance with therapy and follow-up. In the “Do it Yourself (DIY) session, kidney shaped stickers were pasted by the children on discarded bottle caps(teaching them how to recycle plastic) and balanced by clay dough at the back. The rocking kidney thus formed had the message “our kidneys rock” also chanted by the kids. This happy and fun filled day ended with lunch and a gift for each child.



Research Methodology Workshop





World Down's Day



A workshop on Down's Syndrome was organized on 21 st March (World Down's Day) by Dr. Sudha Chaudhari and Dr. Sharmila Patil. The children with ages ranging from 1 year to 16 years participated, and they were asked to come in fancy dress.

A talk on Dental Hygiene was given by Dr. Nikita Kulkarni. She stressed the fact that these children have small mouths and a large tongue and are very lazy to brush properly. She showed the parents various methods of keeping the oral cavity clean.

This was followed by a demonstration of cardio- respiratory exercises, which need to be done in these children by Rujuta Tidke. All the children were given a box of snacks and a gift. The Ophthalmology Department offered a free eye checkup. Since thyroid estimation is very important in these children, the hospital laboratory offered a concessional rate.





Free Check Up Camp on Hair Disorders



Department of dermatology conducted a free check up camp on hair disorders on 26 th April 2023 in KEM Hospital. Consultation and medicines were given free of cost to all the patients. Investigations like Haemogram, serum ferritin, serum vit B 12 and ultra sensitive TSH we're done free of cost for all female patients presenting with hair fall and hair thinning. The patients were also advised treatments like low level light therapy, PRP , Dermal roller and hair transplant at concessional rates.



The senior consultants Dr Y V Tawade Dr Asawari Gokhale Dr Pravin Bharatia Dr Dhanashree Bhide Dr Ekta Romi Dr Rashmi Soni Dr Vrinda Thorat Dr Varsha Sidhwadkar Dr Swaraj Potdar Dr Hanumant Gadade examined the patients and trichoscopy was performed free of cost on all patients. Senior resident Dr Vijay Desai and other residents Dr Navodita Gupta Dr Anupama Barkase Dr Namrata Sharma and Dr Krishna Baweria took active part in all the activities.



The entire programme was possible because of whole hearted support from administrative team of KEM Hospital and the marketing team. We had huge response and around 200 patients were benefited by this activity.



‘केईएम हॉस्पिटल’ तर्फे ‘डाऊन्स सिंड्रोम डे’ निमित्त कार्यक्रम
पुणे : दरवर्षी २१ मार्च हा दिवस ‘वर्ल्ड डाऊन्स सिंड्रोम डे’ म्हणून साजरा केला जातो. यानिमित्ताने मंगळवार, दि. २१ मार्चला ‘केईएम हॉस्पिटल’ तर्फे विशेष कार्यक्रमाचे आयोजन करण्यात आले आहे. सकाळी १० ते १२ तो होणार आहे. या कार्यक्रमात डॉ. चैतन्य दातार आणि डॉ. उज्वल नेने ‘डाऊन्सग्रस्त लहान मुलांच्या समस्या’ या विषयावर मार्गदर्शन करणार आहेत. तसेच, डाऊन्स सिंड्रोम असलेल्या मुलांसाठी ‘कार्डिओरेस्पिरेटरी फिटनेस’ या विषयावर ‘फिजिओथेरेपिस्ट’ तज्ज्ञांचे मार्गदर्शन करणार आहे. याबरोबरच ‘दातांची काळजी’ या विषयावर देखील मार्गदर्शन करण्यात येणार आहे. हा कार्यक्रम विनामूल्य असून नोंदणी करणे आवश्यक आहे. ७२६२०१२३८६ या क्रमांकावर संपर्क करावा.

केईएम हॉस्पिटल पुणे आणि सिद्ध दिव्यांग फाऊंडेशन यांच्या सहकार्याने हेलदी बेबी मल्टीमीडिया अॅप विकसित



पुणे : केईएम हॉस्पिटल पुणे येथील तेर देस होम्स (टीडीएच) रिहॅबिलिटेशन अँड मॉरिस चार्ल्ड डेव्हलपमेंट सेंटर तर्फे सिद्ध दिव्यांग फाऊंडेशन यांच्या सहयोगाने हेलदी बेबी हे मल्टीमीडिया अॅप्लिकेशन विकसित करण्यात आले आहे. या अॅपच्या माध्यमातून बालकांच्या शारीरिक आणि बौद्धिक विकासाचा पाठपुरावा घेण्यास मदत होणार आहे. वैद्यकीय टीमच्या

मार्गदर्शनाखाली व्हिडिओसारख्या मल्टीमीडिया आशयासह एक वर्षांपेक्षा जास्त काळ केलेल्या प्रयत्नांचे हे फलित असून, हे अॅप्लिकेशन सामान्य लोकांसाठी गोष्टी सुलभ करेल. हे अॅप वेगवेगळ्या कालावधीच्या अंतराने विविध महत्त्वाच्या टप्प्यांवर एका वर्षापर्यंतच्या बाळांच्या वाढीवर लक्ष ठेवण्यास मदत करणार आहे. केईएम हॉस्पिटलमधील टीडीएच केंद्रातर्फे वैद्यकीय आशय विकसित करण्यात आला असून गेल्या काही वर्षांपासून या क्षेत्रात कार्यरत असणार्या सिद्ध दिव्यांग फाऊंडेशनच्या माध्यमातून तंत्रज्ञानावर लक्ष केंद्रित करण्यात आले आहे.

हेल्दी बेबी अॅप विकसित
पुणे, दि. १ - केईएम हॉस्पिटलमध्ये ‘हेल्दी बेबी’ हे मल्टीमीडिया अॅप्लिकेशन विकसित करण्यात आले असून, या अॅपचा माध्यमातून बालकांच्या शारीरिक आणि बौद्धिक विकासाचा पाठपुरावा घेण्यास मदत होणार आहे.
 तेर देस होम्स (टीडीएच) रिहॅबिलिटेशन अँड मॉरिस चार्ल्ड डेव्हलपमेंट सेंटरतर्फे सिद्ध दिव्यांग फाऊंडेशन यांच्या सहकार्याने हेलदी बेबी अॅप विकसित केले आहे. याअपचा माध्यमातून बालकांच्या शारीरिक आणि बौद्धिक विकासाचा पाठपुरावा घेण्यास मदत होणार आहे.
 डॉ. चैतन्य दातार आणि डॉ. उज्वल नेने ‘डाऊन्सग्रस्त लहान मुलांच्या समस्या’ या विषयावर मार्गदर्शन करणार आहेत. तसेच, डाऊन्स सिंड्रोम असलेल्या मुलांसाठी ‘कार्डिओरेस्पिरेटरी फिटनेस’ या विषयावर ‘फिजिओथेरेपिस्ट’ तज्ज्ञांचे मार्गदर्शन करण्यात येणार आहे.

अवतीभवती
केईएम रुग्णालयातर्फे डाऊन्स सिंड्रोम दिन
पुणे : दरवर्षी २१ मार्च हा दिवस ‘वर्ल्ड डाऊन्स सिंड्रोम डे’ म्हणून साजरा केला जातो. यानिमित्ताने मंगळवारी (ता. २१) केईएम रुग्णालयातर्फे विशेष कार्यक्रमाचे आयोजन केले आहे. हा कार्यक्रम केईएम रुग्णालयातील डीटीएच इमारतीच्या तिसऱ्या मजल्यावरील सभागृहात सकाळी दहा वाजता होणार आहे. या कार्यक्रमात डॉ. चैतन्य दातार आणि डॉ. उज्वल नेने ‘डाऊन्सग्रस्त लहान मुलांच्या समस्या’ या विषयावर मार्गदर्शन करणार आहेत. तसेच डाऊन्स सिंड्रोम असलेल्या मुलांसाठी ‘कार्डिओरेस्पिरेटरी फिटनेस’ या विषयावर ‘फिजिओथेरेपिस्ट’ तज्ज्ञ मार्गदर्शन करणार आहेत. याबरोबरच ‘दातांची काळजी’ या विषयावर देखील मार्गदर्शन करण्यात येणार आहे.

Rise in respiratory illnesses; Covid-19 & H3N2 lead the surge
Steffy Thevar & Neha Madhan / IMA
Pune: Hospitals on Thursday confirmed a rise in respiratory illnesses, including those caused due to Covid-19, H1N1 and H3N2 infections. Doctors said among the patients, senior citizens, children aged below 5 years and pregnant women were most vulnerable and required hospitalisation as well as oxygen support.
 Dr. Prakash Shinde, consultant physician and professor at Dr.DY Patil Medical College, told TOI. “When we are treating patients with influenza-like symptoms, of every 10 such patients, 2-3 are coming positive for SARS-CoV-2. Most of the Covid admissions are double vaccinated, while some have even taken boosters.”
 Aniket Dhadwal, infectious disease expert at Noble Hospital, said, “Most Covid patients admitted in the ICU are above 65 years of age, either unvaccinated or vaccinated a year ago. Amid waning immunity against Covid-19 and negligible appropriate behaviour, older population more vulnerable to the virus subvariants like XBB, which can escape both immunity gained from vaccination as well as previous infection. About 70% of our ICU admissions are currently viral lower respiratory tract infections, out of which a majority is H3N2 cases.”
 Dr. Madhur Rao, senior deputy medical administrator at KEM Hospital, said, “We have seen Covid cases, but there are patients presenting with lower respiratory tract infection symptoms. They are testing negative for Covid and other respiratory viruses like rhinovirus and adenovirus.”
 Dr. Vilas Ganeshrao, chief intensivist of the Inbals and Budhrani Hospital, said, “The present concern is about elderly patient with comorbidities getting infected with H3N2 influenza. A subtype. Several such cases have needed ICU admission in the last few weeks.”
 Dr. Santay Lubwan, medical director of the Bharati Vidyapeeth Medical Hospital and Research Centre, said, “We have started seeing Covid cases again, but they have mild symptoms.”
 Dr. Sanjay Patil, chairperson of Hospital Board of IMA, Pune chapter, said, “The number of those complaining of breathlessness and high fever is dramatically up.”
 On this day, Suryakant J health office of one, who told that, despite 35,000 N-95 masks disposed

पुणे शहर **सविवार today** **संस्कारळ**
लहान मुलांच्या विकासाकडे पालकांनी लक्ष घावे : डॉ. पंडित
 डॉ. चैतन्य दातार आणि डॉ. उज्वल नेने ‘डाऊन्सग्रस्त लहान मुलांच्या समस्या’ या विषयावर मार्गदर्शन करणार आहेत. तसेच, डाऊन्स सिंड्रोम असलेल्या मुलांसाठी ‘कार्डिओरेस्पिरेटरी फिटनेस’ या विषयावर ‘फिजिओथेरेपिस्ट’ तज्ज्ञांचे मार्गदर्शन करण्यात येणार आहे.

‘डाऊन्स सिंड्रोम डे’ निमित्त विशेष कार्यक्रम
पुणे : दरवर्षी २१ मार्च हा दिवस ‘वर्ल्ड डाऊन्स सिंड्रोम डे’ म्हणून साजरा केला जातो. यानिमित्त मंगळवारी २१ मार्च रोजी केईएम हॉस्पिटलतर्फे सकाळी १० ते १२ या वेळेस विशेष कार्यक्रमाचे आयोजन करण्यात आले आहे. या कार्यक्रमात डॉ. चैतन्य दातार आणि डॉ. उज्वल नेने ‘डाऊन्सग्रस्त लहान मुलांच्या समस्या’ या विषयावर मार्गदर्शन करणार आहेत. तसेच, डाऊन्स सिंड्रोम असलेल्या मुलांसाठी ‘कार्डिओरेस्पिरेटरी फिटनेस’ या विषयावर ‘फिजिओथेरेपिस्ट’ तज्ज्ञ मार्गदर्शन करणार आहेत.



Dr. Urmi Sheth

DNB (General Medicine)

has joined us as a
Consultant Clinical Haematologist.

OPD Timing:

Tuesday & Friday

01:30 PM - 03:30 PM



HEALTHCARE AWARENESS

