

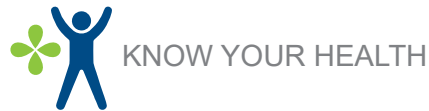
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# infoKEM

## MARCH





## Paediatric Bladder Management Clinic

An attempt to deliver personalised care,  
delay progression to kidney failure

In this clinic we focus on children with bedwetting, neurogenic bladder (spinal bifida, post spinal trauma/ surgery etc.) and those with voiding dysfunction. We also follow up boys with posterior urethral valve (PUV) post valve-ablation since their bladder behaviour may impact their kidneys.

Besides a detailed history and establishing a good rapport with the child, our tools are a voiding diary, bowel diary, a set of 3 uroflowmetries with EMG, each followed by immediate post-void residue assessment.



When indicated, urodynamic studies are performed by a trained Medical Officer and nurse and reported by a consultant Urologist. Twice a month, in a multidisciplinary group discussion, (Paediatric surgeon,










urologist, pediatric nephrologists, fellows in training, MO, Bladder management Clinic), the most complicated cases are discussed, and an appropriate management plan is made.

A highlight of the clinic is the state-of-the-art pelvic floor rehabilitation program for children with bladder and/ bowel symptoms. Animated biofeedback, the ideal method, is used along with pelvic floor exercises delivered with utmost patience by a specially trained physiotherapist Dr Poonam Gandhi. She makes time for schoolchildren during the weekends.

With these services in place we, at KEMH, can proudly boast of being able to offer comprehensive care to children with bowel and bladder disorders.

Facilities for Pediatric uroflowmetry and urodynamics are available on the V Floor, Renal Unit. For appointments patients may call: 020 26217611, for clinic appointments 020 66037315

### Pediatric Renal Service

Bristol Stool Chart		Voiding Diary				
<b>No.1</b>	 Separate hard lumps, like nuts (hard to pass)	Time	Drink volume	Time	Voided volume	Day time accident
<b>No.2</b>	 Sausage-shaped but lumpy					
<b>No.3</b>	 Like a sausage with cracks on its surface					
<b>No.4</b>	 Like a sausage, smooth and soft ✓					
<b>No.5</b>	 Soft blobs, clear cut edges (passed easily)					
<b>No.6</b>	 Fluffy pieces, ragged edges, mushy stool					
<b>No.7</b>	 Watery, no solid pieces. Entirely liquid					
<small>Lewis SJ, Heaton KW (1997). "Stool form scale as a useful guide to intestinal transit time". <i>Scand J Gastroenterol</i> 32 (6): 920-4</small>						



EVENTS AND ACTIVITIES

## Free Audiometry Camp

On the occasion of World Hearing Day i.e 3<sup>rd</sup> March 2025 , Big Ears arranged a Free Audiometry Camp.





EVENTS AND ACTIVITIES

## A Vibrant Women's Day Fête A Celebration of Fun, Flavour, and Festivity!

On 8<sup>th</sup> March, the spirit of joy and togetherness filled the air as we celebrated International Women's Day with a grand fête that was nothing short of spectacular! The event was a perfect blend of entertainment, delicious food, and engaging games, creating an unforgettable experience for everyone who attended.

With 12 amazing food stalls, the fête turned into a paradise for food lovers. From sizzling street food to delightful sweet treats, every stall offered a unique culinary experience. The aroma of freshly cooked delicacies filled the venue, tempting every visitor to indulge in their favourite flavours. Whether it was spicy chaats, cheesy delights, or decadent desserts, there was something to satisfy every craving!

For those looking for a bit of thrill and challenge, our 3 exciting game stalls were the perfect attraction. Guests had a blast testing their skills, luck, and reflexes. Cheers and laughter echoed through the event as participants eagerly took part in various games, competing for prizes and enjoying the friendly competition.

Beyond the fun and festivity, this Women's Day Fête was a heartfelt celebration of the strength, resilience, and achievements of women. We also conducted a prize distribution ceremony for all those who won awards at the various competitions that were held in February 2025. It was a day that brought together people of all ages to honour the incredible contributions of women in every sphere of life.

Throughout the event, the atmosphere was electric with positivity, warmth, and camaraderie. Colleagues bonded over delicious food, shared laughs at the game stalls, and created beautiful memories that will be cherished for years to come.

As the sun set on this vibrant day, the smiles on everyone's faces spoke volumes about the success of the celebration. It was not just an event—it was an expression of love, appreciation, and empowerment for every woman who makes the world a better place.

With hearts full of joy and spirits uplifted, we wrapped up the Women's Day Fête with one thought in mind: We can't wait to do it all again next year!

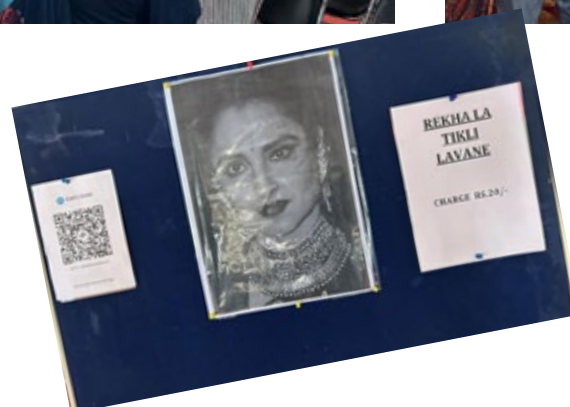


EVENTS AND ACTIVITIES





EVENTS AND ACTIVITIES





EVENTS AND ACTIVITIES





## Celebration of Women's Day

This International WomensDay, KEM Hospital honoured the incredible women who are pillars of strength in a patient's journey—mothers, sisters, daughters, wives, and so much more. Your unwavering support makes all the difference, and we celebrate you today and every day.





## EVENTS AND ACTIVITIES

We were also delighted to welcome Ms. Anuja Deshmane, Assistant Commissioner of Police, Faraskhana Division, to a special programme at KEM Hospital, Pune. The event featured engaging discussions on preventive healthcare, led by our esteemed experts of KEM Pune. Women officers serve not only as guardians of the law but also as pioneers who break barriers, challenge stereotypes, and inspire future generations of female leaders. In honor of their strength, resilience, and dedication, KEM Hospital, Pune, organized this special programme to celebrate International Women's Day.





## Celebration of World Kidney Day

In observance of the World Kidney Day a dedicated Team of medical professionals and volunteers took to the streets of Pune to raise awareness about kidney diseases through an impactful street play titled “Vyatha Kidney Chi”. Written by Dr Sagar Kulkarni and directed by Transplant Coordinator Manoj Gadekar it was aimed at educating the lay public about kidney health

The play enacted by members of Nephrology team Drs. Sagar Kulkarni (Cons Nephrologist), Pratima Acharya, Anagha Deshpande, (Both DNB Nephrology Residents), Anand Ughade (FCPS Medicine Resident) & Manoj Gadekar who collaborated to deliver compelling performances.

The initiative had its inaugural performance this year on 12th Mar 2025 at the Sane Guruji Hospital in collaboration with the Rotary Club Downtown at the behest of Dr . Zimra Israel (Med. Director) and Rtn Mr. Vikram Nabar followed by another performance in the KEM Hospital itself. Both performances garnered an enthusiastic and positive response from





## EVENTS AND ACTIVITIES

gathered hospital staff members, patients and visitors to OPD s and other Departments. It demonstrated the effectiveness of the Street Play format in a Healthcare setting.

The paly took to the streets and public places on 15th March, performing at Dagdusheth Halwai Temple, Dyaneshwar Paduka Chowk & Good Luck Chowk. While the Hospital based performances were well attended, the public performances drew a mixed response, highlighting the challenge of engaging passersby in busy public areas.

The experience provided valuable first –hand insights into the dynamics of public health outreach through street plays. The Team also recognized the potential of improvement in future endeavors.

The Hospital Administration powered by Dr. Rakesh Shah and facilitated by Ms. Chitra Sarase Brand Development Head provided invaluable support for arranging transport, message Placards about kidney health and a Sound System. The project is now aimed at reaching out to Corporate settings, schools & colleges while continuing its collaboration with the Rotary Club.

### Renal Unit





## EVENTS AND ACTIVITIES



# Workshop on ‘Lymphoid Proliferations What I Don’t Know’

The Department of Pathology organised a workshop on ‘Lymphoid Proliferations - What I Don’t Know’ on 16th March, 2025 at KEM Hospital, Pune. This was a unique workshop, the first of its kind in Pune, where we invited pathologists to bring their interesting/ controversial/ difficult cases. The participants viewed their cases ‘live’ in a microscope, and projected to the audience. Expert and renowned pathologists Dr.Anita Borges and Dr.Sumeet Gujral commented on the morphology, IHC findings etc and guided us through the interpretations and difficulties encountered.

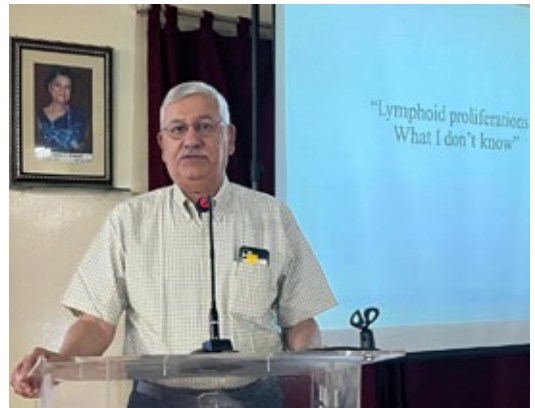
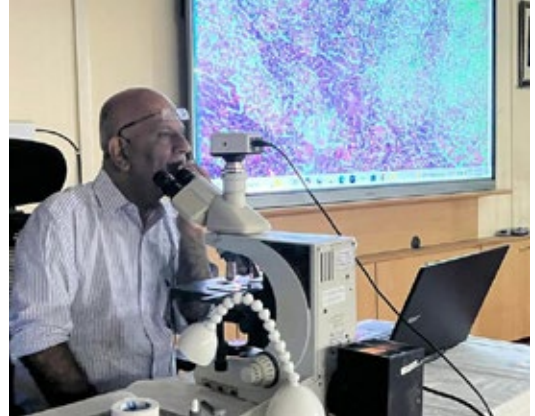
Around 120 delegates from all over Pune and a few other places like Rajkhot, Sangli, Solapur, Kharad, Delhi etc participated in the workshop. Representations for case presentations were from almost all teaching institutions in Pune and also from reputed National Institutions like Christian Medical College Vellore, AIIMS Bhopal etc. Dr.Anusha Kulkarni, Dr.Heena Shah, Dr.Mayuri Swamy and Dr.Kiruthiga.K.G presented cases from KEM Hospital, which were highly appreciated by the experts.

Our Haematology consultants Dr.Kannan Subramanian and Dr.Sarita Verma Kokane also actively participated in the workshop, discussing the clinical presentation and treatment implications of the cases discussed. It was an excellent clinico-pathologic debate, with both the teams understanding the subtle nuances involved in diagnosis on one hand, and treatment on the other.

Dr.Kiruthiga.K.G, the organising secretary for this workshop, also plans to start a Pune Lymphoma Group meeting, every month to discuss the difficult cases pertaining to lymphoid proliferations.



EVENTS AND ACTIVITIES





## Pre-Marriage Counselling Workshop for Type 1 Diabetes

On 23rd March 2025, the Diabetes Unit at KEM Hospital, Pune, organised a Pre-Marriage Counselling Workshop for individuals living with Type 1 Diabetes and their parents. The workshop featured expert speakers, including marriage counselor Mrs. Gauri Kanitkar from Anuroop Vivah Sanstha and Dr. Chittaranjan Yajnik, Dr. Kalpana Jog and Dr. Smita Dhadge from the Diabetes Unit.

Key topics covered included the psychosocial aspects of marriage, the appropriate timing and approach for disclosing one's condition to a potential partner and their family, as well as pregnancy-related precautions and the risk of T1D in children.

Additionally, interactive interviews were conducted with T1D individuals married to both T1D and non-T1D partners, offering valuable insights and real-life experiences. The workshop saw enthusiastic participation from T1Ds and their parents from across Maharashtra, fostering meaningful discussions and awareness.





EVENTS AND ACTIVITIES

## Retirement Function

The function was held on 28th March 2025



**Mr. Vivek Malwade**  
(HK Staff)



**Ms. Kanta Katkade**  
(PT. ANM)



**Ms. Elizabeth Pillay**  
(ANM GR -I)



TEAM KEM



We are pleased to announce that  
**DR. SHIVANI GUPTA (BDS)**  
has joined us as a Full Time - Dentist.



ACHIEVEMENTS



**DR. SUCHITA MOHITE-JADHAV**

on the rewarding opportunity to serve as an Examiner for the recently held MRCEM OSCE examination conducted by the Royal College of Emergency Medicine (RCEM) in Chennai.



HEALTHCARE AWARENESS

**WORLD HEARING DAY**

**CHANGING MINDSETS: EMPOWER YOURSELF**

Make ear and hearing care a reality for all!  
You can take steps today to ensure good hearing health throughout life.

World Health Organization

KEM Hospital PUNE  
Quality and ethics in patient care

Instagram Facebook LinkedIn YouTube  
KEM Hospital Pune

**UNLOCK THEIR FUTURE**

Empower individuals with Down Syndrome to reach their full potential and create a brighter future.

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Quality and ethics in patient care

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KEM Hospital Pune

The vision of World Bipolar Day is to bring awareness to bipolar disorders and to eliminate social stigma.

KEM Hospital PUNE  
Quality and ethics in patient care

**ARE YOUR KIDNEYS OK?**  
Detect early, protect kidney health

World Kidney Day KEM Hospital PUNE  
Quality and ethics in patient care

Instagram Facebook LinkedIn YouTube  
KEM Hospital Pune

**Self-Injury Awareness Day (SIAD)**

This day is a reminder that many people silently struggle with self-harm. It's time to break the stigma, offer compassion and encourage open conversations.

Let's spread awareness, foster kindness & remind everyone that there is always hope.

KEM Hospital PUNE



HEALTHCARE AWARENESS

**TUBERCULOSIS TREATMENT**  
Three things you need to know:

**#1 TB is treated with antibiotics**

**#2 Medications must be taken daily for 4-6 months to be effective**

World Health Organization

**#3 Stopping treatment early can lead to drug-resistant tuberculosis**

World Health Organization

**#3 Stopping treatment early can lead to drug-resistant tuberculosis**

World Health Organization

**PREVENTIVE TREATMENT FOR TUBERCULOSIS CAN STOP PROGRESSION TO TB DISEASE**

If you are a close contact of a TB patient or belong to a high-risk group:

- ✓ get tested for TB infection
- ✓ if prescribed TB preventive treatment, complete the full course to protect yourself from getting sick with TB

World Health Organization

**WORLD OBESITY DAY!**

Let's raise awareness, break stigmas and promote healthy lifestyle choices for a better future.

- Eat balanced, nutritious meals
- Stay active and make movement a daily habit
- Prioritise mental well-being and stress management
- Seek professional support when needed

KEM Hospital PUNE

**World Oral Health Day**

Your oral health is a window to your overall well-being—strong teeth and healthy gums lead to a healthier you!

- Brush twice daily with fluoride toothpaste
- Floss regularly to keep gums healthy
- Avoid excessive sugar to prevent cavities
- Visit the dentist for regular check-ups

KEM Hospital PUNE

**International Women's Day 2025**

Let's **ACCELERATE ACTION** for women's equality.

KEM Hospital PUNE  
Quality and ethics in patient care.

KEM Hospital Pune



HEALTHCARE AWARENESS

**PURPLE DAY**  
**SPREADING**  
**epilepsy**  
awareness

Join us in raising awareness for epilepsy, supporting those affected and breaking the stigma.  
Together, we can create a more informed and compassionate world.

020 6603 7460 | 020 2621 7460

KEM Hospital PUNE

**SAY YES TO HEALTH,**  
**NO TO TOBACCO!**

*Every cigarette smoked is a step away from good health.*  
*This No Smoking Day, take a stand against tobacco and choose a healthier, smoke-free life.*

KEM Hospital PUNE

**WORLD GLAUCOMA WEEK**

*This World Glaucoma Week, take a step towards healthy vision—schedule an eye check-up and spread awareness!*  
*Early diagnosis saves sight.*

KEM Hospital PUNE

**Water is life, yet millions struggle for clean and safe drinking water every day.**

**This WORLD WATER DAY,** let's commit to preserving this precious resource and ensuring access for all.

KEM Hospital PUNE



**NOW OPEN**  
**24x7**

**KEMH DIAMOND DRUG STORE**



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