

2026 infoKEM

#127

JANUARY



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From the Desk of the CEO



A New Compass for a New Era

As we usher in 2026, we find ourselves at a defining moment in the 113-year journey of KEM Pune. This January, we didn't just turn a calendar page; we are unveiled our **new Vision, Mission, and Value statements**—the core principles that have seen us through a century and will guide us going forward.

Why the Need Arose

Our legacy as 'A Hospital with a Heart' is our greatest pride. However, a legacy must be a bridge to the future, not just a pillar of the past. As we continue to expand and evolve as a multispecialty tertiary healthcare institution, we felt the need for a unified language. We need a modern framework that aligns every nurse, doctor, administrator, housekeeping staff, with a singular goal, ensuring that our growth never compromises our values.

Relevance to Today

In 2026, healthcare is no longer just about treating illness; it is about managing wellness. Today's patient is informed, digital-savvy and seek more than just a prescription—they seek empathy and transparency. Our updated mission reinforces this, balancing cutting-edge medical technology with the human-centric care that has defined KEM since its inception.

Beyond Words: Our Commitment to Action

Values are meaningless if they remain on a wall. Our core values of accountability, integrity, inclusivity, excellence, collaboration and innovation are meant to define who we are and the services we provide. Every member of the KEM team needs to embody these values and translate them into action, whether they are performing complicated surgery, drawing blood, performing housekeeping functions or providing security. These statements are our commitment to everyone to combine 'modern medicine, clinical excellence and human connection to offer exceptional care to all'. I invite each of you to live these values daily, transforming every interaction into an act of compassionate excellence.

SHIRIN WADIA
CEO, KEM Pune



From the Desk of the COO



2025: A Year of Reflection The Road Ahead for KEM

As we pause to reflect on the year gone by, 2025 stands out as a defining chapter in KEM Hospital's journey—one that reaffirmed our legacy while decisively preparing us for the future. It was a year of purposeful action, collective commitment, and thoughtful transformation. Every initiative, collaboration, event, and milestone was guided by a single, purpose driven focus: delivering ethical, patient-centric, and excellence-driven healthcare.

Throughout this journey, several small yet impactful milestones played a significant role in shaping progress. Together, these can be summarised as below:

Operational Excellence Through Advanced Preparedness

Operational excellence in 2025 was defined by preparedness rather than reaction, with several small yet impactful milestones shaping this journey. Systems were strengthened well in advance to address clinical demand, operational complexity, and emergency readiness. Proactive capacity planning, streamlined workflows, and enhanced interdepartmental coordination enabled smoother patient journeys and reduced turnaround times.

At the same time, recognising the financial challenges faced by patients, KEM Hospital expanded its insurance and TPA tie-ups, allowing a wider patient base to access our clinical services with greater ease and confidence. Together, these measures ensured that the hospital remained resilient, responsive, and well-prepared across both clinical and non-clinical functions.

Data-Driven Decision Making OR Decisions Guided by Insight

A key shift in 2025 was the increased use of data to guide decisions. From operational planning and resource allocation to clinical performance monitoring, data analytics played a central role in improving efficiency and outcomes.

Regular reviews of key performance indicators helped identify trends, anticipate challenges, and implement timely corrective measures. This move toward evidence-based management



From the Desk of the COO

has strengthened governance, transparency, and accountability across the organisation.

Moments That Defined 2025

2025 was a year also marked by meaningful engagement and purposeful action—spanning workshops, CMEs, patient engagement initiatives, and health check-up camps.

Multidisciplinary CMEs focused on knowledge sharing served as a strong testament to the academic excellence for which KEM has been known over the years.

Community outreach remained a strong focus, with multiple screening programmes promoting early detection and preventive care. Extending initiatives beyond Pune, we reaffirmed our responsibility as a healthcare institution committed to serving society at large.

Patient engagement stood out as a defining highlight. Awareness rallies and patient get-together programmes created heartfelt platforms for patients and families to share experiences, resilience, and trust.

Together, these initiatives reflected our strength—not just in clinical expertise, but in connection, outreach, and shared purpose.

A way forward

2025 was not just a year of achievements—it was a year of alignment. Alignment between legacy and future, between purpose and practice, and between people and processes. I extend my sincere appreciation to every member of the KEM family whose dedication made this journey possible.

Together, we do not merely respond to change—we shape it. And together, we will continue to uphold the trust placed in us by generations of patients and society at large.

DR. RAKESH SHAH
COO
KEM, Pune



EVENTS AND ACTIVITIES



KEM Annual Dinner Celebrating Pride, Purpose, and People

The Annual Dinner at KEM Hospital, Pune was more than a celebratory gathering—it was an evening of reflection, gratitude, and renewed commitment to our shared legacy.

A highlight of the evening was the screening of the Legacy Film of KEM Hospital, a moving tribute to a journey shaped by trust, compassion, and generations of dedicated service. Watching the film alongside colleagues and stalwarts who have played a pivotal role in building this institution made the experience truly meaningful. It served as a powerful reminder of the values that continue to guide us forward.

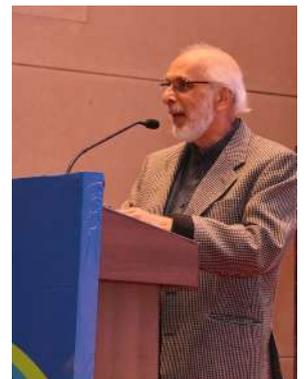
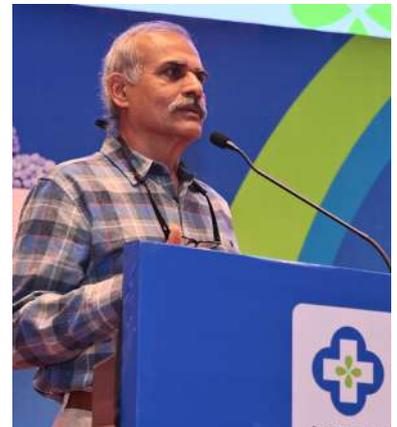
The occasion was further distinguished by the conferment of the Lifetime Achievement Awards upon two extraordinary leaders: Dr. Kurus Coyaji, President, KEM Hospital Society, and Dr. Farrokh Wadia, Trustee and Director, Nephrology Unit. Their visionary leadership, unwavering dedication, and lifelong contributions to healthcare have not only strengthened the institution but have also inspired generations of medical professionals. Their work forms a cornerstone of the strong foundation on which KEM proudly stands today.

The evening also marked a significant milestone with the relaunch of KEM Hospital Pune's Vision, Mission, and Values. This reaffirmation of purpose reflects our collective resolve to uphold excellence in patient care, education, and research while staying true to the principles that define us.

The celebration concluded with a warm and engaging dinner, bringing together doctors and colleagues in a spirit of camaraderie. It was a moment to celebrate not just achievements, but the shared sense of belonging that binds the KEM family.



EVENTS AND ACTIVITIES





DEPARTMENT OF PATHOLOGY HOSTED IAPM PUNE CHAPTER MEETING

Biology Beyond The Binocular From Morphology To Molecular

The Department of Pathology successfully hosted the Indian Association of Pathologists and Microbiologists (IAPM) – Pune Chapter meeting on 21st January 2026 at KEM Hospital. The event witnessed enthusiastic participation from over 90 delegates representing fourteen teaching institutes across Pune.

The academic session was widely appreciated, and the KEM Pathology team received heartfelt congratulations for the quality, depth, and presentation of cases.

Glass slides of selected histopathology and hematology cases were circulated in advance to participating institutes. Each case discussion followed a structured and engaging approach:

- Detailed morphologic evaluation
- Identification of morphologic clues suggestive of underlying molecular alterations
- Discussion of molecular relevance and clinical implications

This integrative morphology-to-molecular approach highlighted the evolving standards of modern diagnostic pathology.

The meeting provided an excellent platform to showcase KEM Hospital's subspecialty expertise and commitment to high standards of care. The rare and academically enriching cases included Krukenberg tumor of ovary with primary in the stomach, Medulloblastoma, TFE3-rearranged translocation-associated renal cell carcinoma in a young patient, Ewing sarcoma, Neuroblastoma, Acquired Glanzmann thrombasthenia etc.

These cases were presented by our residents, senior residents, and faculty members, reflecting the department's strong academic culture and collaborative spirit.

An engaging and well-received Molecular Hematology Quiz was conducted by Dr. Ketki Kekar, adding an interactive dimension to the meeting.



EVENTS AND ACTIVITIES





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Skin Camp by KEM Hospital Pune in association with Forbes Healthcare Foundation Medicare Centre at Varale.





BKP–PDMDS & KEM Hospital Parkinson’s Disease Support Group Completes 3 Years

The BKP–PDMDS and KEM Hospital Parkinson’s Disease Support Group completed three years at KEM Hospital in January 2026. Over these three years, the group has provided a steady platform for support, engagement, and shared experiences for patients living with Parkinson’s disease and their caregivers.

Each year, this milestone has been marked with a small yet meaningful initiative. To commemorate the third year, a complimentary lunch for 35 patients and caregivers was arranged on Wednesday, 7th January 2026, following the Parkinson’s Disease Support Group session at KEM Hospital, as per routine.

The lunch was generously sponsored by Shahji’s Paratha House, whose support contributed to making the occasion special for the group.

The continued involvement of clinicians, staff members, patients, and caregivers has played a vital role in sustaining the Parkinson’s Disease Support Group at KEM Hospital over the past three years.





Sound Healing Session Held to Mark 3 Years of the Parkinson's Disease Support Group

As part of the activities marking the completion of three years of the BKP–PDMS & KEM Hospital Parkinson's Disease Support Group, a one-hour Sound Healing session was held on Wednesday, 14th January 2026. The session was facilitated by Vishaka Goyal from Life Litmus, who kindly offered her time for the group. Sound healing uses therapeutic sound and vibration to help calm the nervous system, promote relaxation, and create a sense of emotional ease and safety. The session was experienced as peaceful, calming, and grounding, with participants sharing reflections of emotional comfort, relaxation, and release of physical tension, particularly in sore and fatigued muscle groups. The gentle, nature-inspired sounds helped create a supportive and reassuring environment for patients and caregivers. The programme was held from 11:00 am to 12:00 noon at the 3rd Floor Research Auditorium and was attended by approximately 50 patients and caregivers. The session concluded with cake cutting and light refreshments, marking the milestone in a warm and celebratory manner.





KEM Clinical Meet – Fifth Session

We are pleased to share that the fourth session of the 'KEM Clinical Meet' was successfully conducted on 29th January'26. This initiative continues to serve as a strong platform for knowledge exchange, creating awareness about the excellent clinical work across departments, and fostering interdisciplinary collaboration. Beyond academics, it aims to strengthen best practices through shared learning and collective insights.

Abstracts of both cases presented during this session:



PRESENTER: DR. VINOD NAIK

CASE 1

ANOMALOUS SYSTEMIC ARTERIAL SUPPLY TO THE LEFT LOWER LOBE (ASALL) WITHOUT SEQUESTRATION; SUCCESSFUL THORACOSCOPIC MANAGEMENT.

Abstract :

Anomalous systemic arterial supply to the lung without pulmonary sequestration is a rare congenital vascular anomaly and an uncommon cause of hemoptysis in adults. We report a 29-year-old woman who presented with intermittent hemoptysis, palpitations, and left-sided chest pain, attributed to hyperdynamic systemic circulation. CT pulmonary angiography revealed an anomalous systemic artery arising from the thoracic aorta supplying the left lower lobe, with normal bronchial anatomy and venous drainage into the pulmonary vein, and no evidence of pulmonary sequestration or pulmonary embolism. The patient underwent video-assisted thoracoscopic surgery (VATS), during which the anomalous vessel was carefully identified, stapled, and divided. No lung resection was performed in view of preserved lung parenchyma. The postoperative course was uneventful with complete resolution of symptoms. This case highlights the importance of accurate preoperative imaging and demonstrates that lung-preserving thoracoscopic division of the anomalous systemic artery is a safe and effective treatment option in selected patients.



EVENTS AND ACTIVITIES

CASE 2

TRANSORAL EXCISION OF PARATHYROID ADENOMA BY VESTIBULAR APPROACH; VIDEO PRESENTATION.

Abstract:

27 years old lady while undergoing evaluation for kidney stones with hypercalcemia was diagnosed to have Parathyroid adenoma of right inferior gland. We showcase successful excision of the adenoma by endoscopic Trans oral route. This procedure highlights cosmetic & functional advantages of endoscopic excision over open method. Transoral excisions of both Thyroid and Parathyroid tumours is acceptable, safe, cosmetically and functionally superior method than open surgery in selective cases.



PRESENTER: DR. NEHA SHAH

CASE 1

ACUTE LIVER FAILURE DUE TO INFLUENZA VIRAL INFECTION

Abstract :

A 2-year-old boy presented with one day history of fever, vomiting, poor oral intake, and drowsiness. On admission, the child was febrile, tachycardic (HR 150/min), tachypneic (RR 35/min), with prolonged capillary refill time (3 seconds), low-volume pulses, and clinical dehydration. Blood glucose was 16 mg/dL. Neurologically, the child was drowsy and irritable but recognizing the mother. Abdominal examination revealed hepatomegaly (liver 5 cm below costal margin) with no splenomegaly or ascites; respiratory and cardiovascular examinations were unremarkable. Investigations confirmed acute anicteric liver failure secondary to non-hepatotropic viral infection (Influenza A H3N2), meeting criteria suggestive of possible liver transplantation. The child was managed by a multidisciplinary team involving pediatric intensive care, hepatology, and nephrology. Supportive management included mechanical ventilation, plasmapheresis, continuous renal replacement therapy, and standard liver failure protocol. The child showed significant clinical and biochemical recovery, highlighting the role of bridging therapies such as CRRT and plasmapheresis in avoiding liver transplantation in selected pediatric ALF cases.



Cervical Cancer Awareness Session

At KEM Hospital, we marked this month with a focused Cervical Cancer Awareness Session for our staff, led by Dr. Mugdha Parasnis, Consultant Gynaecologist and Head – KEM IVF Centre. At KEM, we believe awareness is the first step towards prevention—and prevention is the strongest form of care.





EVENTS AND ACTIVITIES

Doctors At Kem Hospital, Pune perform 'Carotid Stenting' on child after Leopard attack punctures neck artery



A team of doctors led by Dr. Anand Alurkar conducted 'Carotid Stenting' on a punctured artery of a 8 year old boy who was dragged by the neck by a leopard. The procedure relieved the boy from a bulge in the artery resulting from the leopard bite which if left untreated could have ruptured and proved fatal.

It was a normal evening for the farmer family from _ village in Ahilyanagar district when a leopard grabbed their eight year old son by the neck, picked him up and dragged him about 100 feet into the fields. His father followed the leopard on his bike, continuously honking which somehow got the leopard to leave the child and run away. The family took their son to a local clinic where he was given primary treatment and was brought to KEM Hospital, Pune for further treatment.

Explaining the case, Dr. Anand Alurkar, Interventional Neurologist at KEM Hospital, said that this attack by the leopard had resulted in injuries to the neck of the child and punctured the main carotid artery supplying blood to the brain. This created a bulge in the artery called pseudoaneurysm where the weakened wall ballooned out, which could have ruptured, leading to fatal bleeding.

The condition was confirmed with a Digital Subtraction Angiography (DSA) which is an advanced angiography of the brain vessels done in a Cathlab.

We decided to go for Carotid Stenting which is a minimally invasive procedure to treat carotid artery diseases done via the the groin artery. The stenting was done with a 'Covered Stent Graft' which sealed the puncture in the artery instantly. The boy was discharged within 2 days and is back to his playful self since then.

Dr. Alurkar said that although Carotid Stenting is routinely done in KEM hospital for the past 2 decades for blockages in the carotid artery in elderly Stroke patients, the patient's tender age and the circumstances of the neck injury make this a rare and interesting case.



बिबट्याच्या हल्ल्यात मानेच्या नसांमध्ये ईजा झालेल्या मुलावर पुण्यातील केईएम हॉस्पिटलमधील डॉक्टरांनी केली कॅरोटिड स्टेंटिंग शस्त्रक्रिया

पुणे, : बिबट्याच्या हल्ल्यात मानेच्या नसांमध्ये ईजा झालेल्या ८ वर्षीय मुलावर केईएम हॉस्पिटल पुणे येथे डॉ.आनंद आलुरकर यांच्या नेतृत्वाखालील डॉक्टरांच्या टीमने यशस्वीरित्या कॅरोटिड स्टेंटिंग प्रक्रिया केलेली धमनीत छिद्र पडल्यामुळे निर्माण झालेला फुगवटा या प्रक्रियेमुळे दुरुस्त करण्यात आला. उपचार न झाल्यास ही अवस्था जीवघेणी ठरू शकली असती.

अहिल्यानगर जिल्ह्यातील एका गावातील एका शेतकरी कुटुंबासाठी डिसेंबरमधील एक नेहमीसारखा दिवस होता, मात्र अचानक एका बिबट्याने त्यांच्या आठ वर्षांच्या मुलावर हल्ला केला आणि मान पकडून त्याला उचलले आणि निघून जाऊ लागला. मुलाचे वडील दुचाकीवरून सतत हॉर्न वाजवत बिबट्याच्या मागे गेले आणि निघून गेले. मुलाला देण्यात आले.

तेंदुर के हमले में गर्दन की नस को चोट लगे लड़के पर पुणे के केईएम हॉस्पिटल के डॉक्टरों ने की कॅरोटिड स्टेंटिंग सर्जरी

पुणे, : पुणे के केईएम हॉस्पिटल में डॉ.आनंद आलुरकर के नेतृत्व में डॉक्टरों की एक टीम ने एक ८ साल के लड़के की कॅरोटिड स्टेंटिंग सर्जरी सफलतापूर्वक की. इस लड़के की गर्दन की नसें तेंदुर के हमले में घायल हो गई थीं. इस प्रक्रिया ने आर्टरी में छेद के कारण हुई रक्काव को ठीक किया. अगर इलाज न किया जाता, तो हालत जानलेवा हो सकती थी. अहिल्यानगर जिले के एक गांव में रहने वाले एक किसान परिवार के लिए दिसंबर का एक दिन बिल्कुल सामान्य था, लेकिन

केईएम हॉस्पिटल पुणे येथे आणण्यात आले. याबाबत अधिक माहिती देताना केईएम हॉस्पिटलमधील इंट्युरोजिस्ट डॉ.आनंद आलुरकर बिबट्याच्या हल्ल्यामुळे मुलाच दुखापत झाली होती व मेंदूला र धमनी फाटली होती. त्या फुगवटा तयार झाला होता अॅन्युरिझम म्हणून ओळख घमनीची भिंत कमकुवत होती आणि त्यामुळे परिणामी जीवघेणा रक्त होतो. या स्थितीत अँजिओग्राफी (डीए करण्यात आले. करण्यात येणारी अँजिओग्राफी : ग्राह्मी व

अचानक एक तेंदूर ने उनके आठ साल के बेटे पर हमला कर दिया. तेंदूर आ बच्चे की गर्दन पकड़कर उसे उठाकर ले जाने लगा, बच्चे बच्चे के पिता तुरंत अपनी दृष्टीला गाड़ी पर तेंदूर के पीछे-पीछे गए और लगातार हॉर्न बजाने लगे. मौमध्य से तेंदूर ने बच्चे को छोड़ दिया और भाग गया. इसके बाद डॉ.आनंद आलुरकर ने बच्चे को इस स्थिति का निदान डिजिटल सर्व्केशन अँजिओग्राफी (डीएसए) जांच के माध्यम से किया गया. डीएसए यह कैथ लेब में की जाने वाली मस्तिष्क की रक्त नलिकाओं की एक प्रगत अँजिओग्राफी है. हमने कॅरोटिड स्टेंटिंग करने का निर्णय लिया. यह मस्तिष्क की धमनियों से जुड़ी बीमारियों के इलाज के लिए की जाने वाली बिना टांके की सर्जरी है. यह प्रक्रिया जांच की धमनी के माध्यम

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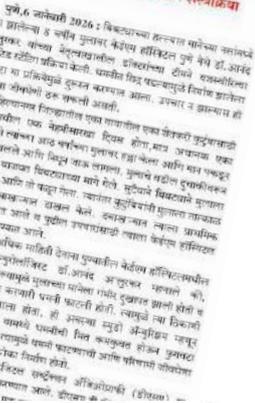
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तेंदुर के हमले में गर्दन की नस को चोट लगे लड़के पर पुणे के केईएम हॉस्पिटल के डॉक्टरों ने की कॅरोटिड स्टेंटिंग सर्जरी

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उठाकर ले जाने लगा, बच्चे के पिता तुरंत अपनी दृष्टीला गाड़ी पर तेंदूर के पीछे-पीछे गए और लगातार हॉर्न बजाने लगे. मौमध्य से तेंदूर ने बच्चे को छोड़ दिया और भाग गया. इसके बाद परिवार के लोगों ने बच्चे को तुरंत स्थानिक अस्पताल में भर्ती कराया. यहाँ प्राथमिक उपचार देने के बाद आगे के इलाज के लिए उसे पुणे के केईएम हॉस्पिटल में लाया गया. इस बारे में अधिक जानकारी देते हुए पुणे के केईएम हॉस्पिटल के इंटरवेंशनल न्यूरोलाजिस्ट डॉ.आनंद आलुरकर ने बताया कि तेंदूर के हमले के कारण बच्चे की गर्दन में गंभीर चोट आई थी और मस्तिष्क को रक्त प्रवाह से

आपूर्ति करने वाली एक आर्टरी फट गई थी. उस स्थान पर एक उपचार बन गया था. इस स्थिति को सूझी एम्यूरिनस कहा जाता है, जिसमें धमनी की दीवार कमजोर होकर फूल जाती है. इसमें धमनी के फटे और जानलेवा रक्तस्राव का गंभीर खतरा पैदा हो जाता है. इस स्थिति का निदान डिजिटल सर्व्केशन अँजिओग्राफी (डीएसए) जांच के माध्यम से किया गया. डीएसए यह कैथ लेब में की जाने वाली मस्तिष्क की रक्त नलिकाओं की एक प्रगत अँजिओग्राफी है. हमने कॅरोटिड स्टेंटिंग करने का निर्णय लिया. यह मस्तिष्क की धमनियों से जुड़ी बीमारियों के इलाज के लिए की जाने वाली बिना टांके की सर्जरी है.



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DR NEERAJ DHINGRA

Designation : **Panel Consultnat Radiation Oncologist**

Department: **Medicine**

DOJ : **08.12.2025**

Qualification: **MD (PSM), DNB (Radiation Oncology)**



DR PAVAN HANCHANALE

Designation : **Panel Consultnat Hepatobiliary
& Liver Transplant Surgeon**

Department: **Surgery**

DOJ : **20.10.2025**

Qualification: **DNB(Gen Medicine), DNB (Gastroenterology)**



DR. NIVEDITA PANDE

Designation: **Junior Consultant Pediatric Nephrologist**

Department: **Nephrology**

DOJ: **15.12.2025**

Qualifications: **MD (Pediatrics), FNB (Pediatric Nephrology)**

Areas of Interest: **Pediatric kidney transplantation and
extracorporeal renal therapies**



DR. SMRUTI HINDARIA

Designation: **Panel Consultant Cardiovascular
& Thoracic Surgeon**

Department: **Surgery**

DOJ: **05.01.2026**

Qualifications: **MS (Gen Surgery),
M.Ch. (Cardiovascular
& Thoracic Surgery)**



ACHIEVEMENTS



Congratulations Dr Anusha Kulkarni and team for your publication on meconium periorchitis. Kulkarni A, Gnanasekaran KK, Shah H, Shrotriya DS, Randive P, Chordia S. Meconium Periorchitis. *Pediatr Dev Pathol.* 2026 Jan 19:10935266251412516. doi: 10.1177/10935266251412516. Epub ahead of print. PMID: 41550077

Star of the month

Dr. Tehnaz Chothia
Dy. Medical Administrator



Dr. Poonam Deshmukh
Asst. Medical Administrator



Kirtimala Nikalje
Sr. Incharge, CRR



Parag Khare
Sr. Manager-
Accounts & Finance



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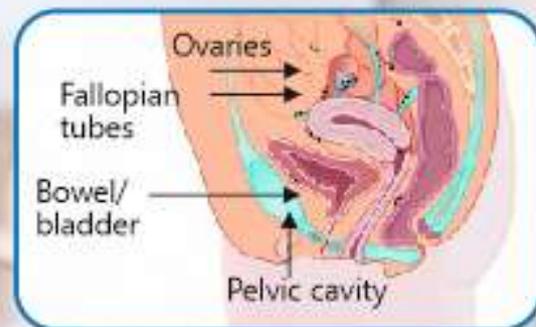


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during periods



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